

WASHINGTON STATE



COUGAR SWIMMING

2007-2008

2007–2008 WSU Women's Swimming Roster



Michaela Ahlin



Danielle Berish



Brett Bogachus



Sierra Burton



Lina Daugvilaite



Jennifer Dean



Maya Dill



Shawna Keller



Jamie MacLeod



Kristin Marceau



Rugile Mileisyte



Bryn Mooney



Elyse Peterson



Afton Pickett



Kenzie Reiter



Erika Roach



Keara Sheahan



Talor Whitaker

SWIMMING

WASHINGTON STATE UNIVERSITY

General Information

Location: Pullman, Wash.

Founded: 1890

Enrollment: 23,300

President: Elson S. Floyd

Director of Athletics: Jim Sterk

Faculty Athletics Representative:
Ken Casavant

Nickname: Cougars

Colors: Crimson and Gray

Conference: Pacific-10

Affiliation: NCAA Division I

Cougar Swimming

Head Coach: Erica Quam

Alma Mater: Indiana, 1997

Record at WSU: 24-20 (five seasons)

Assistant Coach: Suzanne Yee
(California, 1997)

Volunteer Assistant Coach:
Erin McCleave
(Washington State, 2007)

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Team Information

2006-07 Dual Meet Record: 9-2

2006-07 Pac-10 Finish: Ninth
(378 points)

2006-07 Home Record: 6-0

2006-07 Road Record: 3-2

Letterwinners R/L: 13/10

Newcomers: 5

Home Facility

Home Facility: Gibb Pool

Capacity: 575

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Why Washington



"I came on my trip and I fell in love with the campus. It was the prettiest one I was at and I loved how compact it was. I really liked the coaches and how they really cared about each and every single one of us as an individual. I really liked the support staff and I fell in love with the girls on the team as well."

—Afton Pickett, Junior

"I chose to come to WSU because out of all the other campuses I've ever been to, this school had the most energy and positive enthusiasm of any place I had seen. I thought it was going to be a really unique experience that you couldn't find anywhere else. And coming from Pullman, it was a huge decision for me to stay close to home that I wouldn't typically have decided on if it hadn't been something so special."

—Bryn Mooney, Senior

"I came to WSU because when I came to campus on my recruiting trip, I just had a feeling this was where I needed to be. I loved the coaches, the team and the athletic support team. The campus was gorgeous and I knew this was where I was going to end up."

—Danielle Berish, Senior

State University?



"I came here because the academic support system was really good. The team GPA was the fifth highest in the nation and I thought that was really impressive. The team is continually improving, a lot of records have just been set last year and I really wanted to be a part of this group of girls."

—Erika Roach, Freshman



"I decided to come to WSU because when I came on my recruit trip, I felt like this was the only place that cared about me as an individual. I felt like the support system behind the athletes was the best I had seen. Watching the seniors improve their last year really showed me that this is a program where I can be successful."

—Jennifer Dean, Freshman



"I chose WSU because of the strong camaraderie within the athletic department, the town of Pullman and the entire state. The strong support the athletic department shows its athletes was also really important to me."

—Elyse Peterson, Junior

ERIN ELDRIDGE



Three-time NCAA All-American

1999 – 100 breaststroke

200 breaststroke

2000 – 100 breaststroke

In 1999 Eldridge became the Cougars' first NCAA All-American when she placed in the top-16 at the NCAA Championships in the 100 and 200 breaststroke events. In 2000 Eldridge earned her third All-American honor in the 100 breaststroke, culminating her Cougar career as one of the most prolific swimmers in WSU history. Her times in the 100 and 200 breaststroke events qualified Eldridge for the Olympic Trials and she currently holds the WSU records in both events.

LINDSAY HENAHAN



NCAA All-American

2003 – 100 butterfly

Lindsay Henahan finished her WSU career as the second Cougar in program history to be named an NCAA All-American after a 16th place finish in the 100 butterfly at the 2003 NCAA Championships. In her four years as a Cougar, Henahan broke multiple school records and currently holds the WSU record in the 100 butterfly with a time of 53.75.

ERIN McCLEAVE



Three-time NCAA All-American

2006 – 1650 freestyle

2007 – 1650 freestyle

200 freestyle

During the 2005-06 season, McCleave was named the National Collegiate Swimmer of the Week by collegeswimming.com and the Pacific-10 Conference Swimmer of the Month in November 2005. She finished 11th at the NCAA Championships in the 1650 freestyle to earn her first All-American honor.

In the 2006-07 season, McCleave earned All-American honors in the 200 and 1650 freestyle events. She holds five individual WSU records and is a member of two record-holding WSU relays.



Gibb Pool



HEAD COACH

Erica Quam

Indiana University, 1997

Sixth Year

Washington State University Head Swimming Coach Erica Quam enters her sixth season at the helm of the Cougar program. In her tenure she has seen her swimmers break seven school records, earn 75 places on the Cougars' all-time top ten lists, and record 34th, 40th, and 41st place finishes at the NCAA Championships.

Under Quam's guidance, her squads have achieved similar success in the classroom. In 2004, the Cougars were ranked first in the nation with a 3.66 GPA and WSU has earned the Glenn Kranc Academic award (an award given to the Cougar team with the highest semester GPA) three separate times. Quam has seen two of her swimmers awarded CSCAA

Academic All-American honors and five earn honorable mention distinctions. The Cougars kept up the academic work in the 2006-07 season with 10 swimmers named to the Pacific-10 All-Academic teams.

In the pool, Washington State swimming enjoyed one of the most successful dual meet seasons in recent history. The Cougars finished the 2007 season with a 9-2 overall record including a notable victory over archrival Washington Nov. 10. It was the first win over the Huskies since 2001 and only the third in program history as WSU set three Gibb Pool records en route to the 153.5-108.5 victory.



Quam coached senior Erin McCleave, now a volunteer assistant with the Cougars, to her second and third All-American awards at the 2007 NCAA Division I Championships in the 200 and 1650 freestyle events. McCleave set five individual WSU records and five Gibb Pool records during the 2006-07 season.

Other notable Cougar alumnae coached by Quam include Lindsay Henahan and Jane Copland. Henahan was a 2003 All-American and a U.S. National participant. She qualified and competed in the butterfly at the 2004 Olympic Trials finishing 35th. Henahan remains on the record board for the Cougars in the 100 butterfly, 200 free relay, and the 200 and 400 medley relays.

Quam also worked with Copland, a recent graduate who qualified for the 2006 NCAA Championships her senior year in the 200 breaststroke. Copland went on to place 60th in the 200 IM, and 28th in the 200 breaststroke. She was a member of the 800 free relay that broke the school record at the 2006 Pac-10 Championships. Copland earned an NCAA consideration standard in the 200 breaststroke in each of her first three seasons at WSU. Copland swam to a 21st place finish at the 2003 U.S. Nationals and ranks on six Cougar all-time top 10 lists.

Quam understands the importance of her athletes' abilities in the classroom as well as the pool.

"My interest is in coaching the whole person and seeing each swimmer achieve success towards their degree and career

Career Highlights

ERICA QUAM

- During Quam's five seasons at the helm of WSU swimming she has seen 30 swimmers earn Pacific-10 Conference All-Academic honors including 18 first team selections.
- Coached Erin McCleave to NCAA All-American status in the 200 freestyle and twice in the 1650 freestyle. Erin holds WSU records in the 100, 200, 500, 1000, and 1650 freestyles, the 800 freestyle relay, and the 400 medley relay. Erin participated as an Australian National Team member at the 2007 World University Games Team in Bangkok, Thailand. She also earned a silver medal in the 1500 meter freestyle at the 2007 Australian Short Course Nationals and was a finalist in four out of five events.
- Coached a group of seven WSU swimmers at the 2007 Spring Championships to a fifth place team finish. WSU placed second in the 400 medley relay, eighth in the 800 freestyle relay, and 10th in the 400 freestyle relay. Individually, WSU swimmers earned three top-eight finishes, one top-16 finish, and one top-24 finish.
- Coached Lindsay Henahan to 2003 All-American status in the 100 butterfly. Henahan went on to qualify and compete in the 2004 Olympic Trials and the 2005 and 2006 Summer Nationals.
- In her first five seasons, WSU swimmers have set seven school records, earned 75 different spots on the Cougars' all-time top 10 lists, and recorded 34th, 40th, and 41st place finishes at the NCAA Championships.
- The WSU swim team led the NCAA with a 3.66 GPA in 2004 and placed in the top five nationally eight straight semesters under her direction.
- During her tenure at Southern Methodist University the Mustangs won five Western Athletic Conference titles and finished in the top 10 at NCAA meet four times.
- Assisted with five Olympic and World Championship medalists.
- Guided seven NCAA post-graduate scholars as an assistant coach at SMU.
- Assisted as SMU finished fourth in 1998, third in 1999, 12th in 2000, 10th in 2001, and ninth in 2002.
- Worked with 23 All-Americans, 16 national champions, and six Olympians while at SMU.

ambitions. I place emphasis on striving to be great student-athletes which requires them to be dedicated in both the classroom and in the pool."

Academically, the Cougars tied for fifth nationally with a spring grade point average of 3.52. In the fall the team was ranked fifth nationally with a 3.46 GPA. Sixteen Washington State Swimmers were named to the 2006 Pacific-10 Conference All-Academic Teams.

"Our team sets academic goals just as they set swimming related goals. This is something that comes from within the team. For them to have such an excellent academic record, they have to strive for this and want it for themselves as a group."

Quam also emphasizes the importance of teamwork and focuses on working together as a group throughout the season. The past five years, the Cougars have gone on a fall retreat in order to get to know each other better and find ways to work together both in and out of the pool. Activities at the retreats have included open water swimming, trail running, camping, hiking and a challenge course focusing on teamwork.

Continuing her own education as a coach, Quam participated in a two-week course during the summer of 2005 through the National Outdoor Leadership School. Quam spent 14 days backpacking in the Canadian Yukon as the course focused on leadership skills, facing individual challenges and understanding group dynamics. Quam was also selected to attend the 2005 Women In Coaching Summit held at the United State Olympic Training Center in Colorado Springs, Colo. The summit is a joint project of the NCAA and USOC and includes swimming coaches from both organizations.

Quam has been a part of The Women's Coaching Summit for the last eight years. This group includes swimming coaches

from Princeton, Cal Berkeley, UCLA, Purdue, Arkansas, Pittsburgh, Michigan, Texas, Georgia and Minnesota.

"I feel very fortunate to be a part of this group of women. I have learned a great deal from each one of these individuals and grown as a coach from their feedback and guidance. These are some of the best coaches in our sport."

The 11th annual summit was held in San Diego, Calif., last year with the annual event providing the group an opportunity to see one another away from the chaos of the pool deck. The summit provides everyone a chance to share their successes and strategies in working with their teams and themselves throughout the season.

Quam came to the Palouse from Southern Methodist University, where she served as assistant coach for five years. During her career with the Mustangs, Quam was instrumental in SMU winning five straight Western Athletic Conference championships. During that time, SMU captured four WAC Swimmer of the Year awards as well as five consecutive WAC Freshman of the Year awards. During Quam's tenure at SMU, the Mustangs finished in the top 10 at the NCAA meet four times, including fourth in 1998 and third in 1999.

Quam also coached seven NCAA postgraduate scholarship winners. While at SMU, she earned her master's degree in liberal arts.

In addition to her duties at SMU, Quam served as the Egyptian National coach in 1999. She coached Rania Elwani who won 10 gold medals in the 1999 Pan Arab Games. In 2001, Quam was one of the coaches of 2001 WAC Freshman of the Year Georgina Lee during the British Nationals where she won two gold medals. She also assisted with five Olympic and World Championship medalists during her stint with the Mustangs.



10th Annual Women's Coaches Summit – San Diego, Calif., May 2006

Before joining the SMU coaching staff, Quam worked as a student assistant coach at Indiana during the 1996-97 season. Quam graduated from Indiana in 1997 with a bachelor's of science degree in biology. As a Hoosier, Quam earned Alpha Beta honors and was a Big Ten Scholar Athlete honoree.

A native of Roanoke, Va., Quam swam the breast and IM events for the Hoosiers. She was a team co-captain her junior and senior years. She was also the recipient of the Aline Robinson mental attitude award as a junior. Quam was a three-time member of the Student Athlete Advisory Committee at Indiana.

Quam worked as a coach and counselor at the University of Texas Longhorn Swim Camp from 1995-1997 and served as the head camp counselor during the last two years. She also coached the Dallas Aquatic Masters team throughout the year from 1997-2002 and assisted the Dallas Mustangs Swim Club during the summer from 1998-2001.

A 1992 graduate of Cave Spring High School in Roanoke, Quam competed for her high school's varsity team and the RVSI (Roanoke Valley Swimming Incorporated) Gators.

In her spare time, Quam enjoys exploring the outdoors around Pullman, including hiking, camping, snowshoeing, backpacking and kayaking with her dog Kaia. She is currently renovating the new home she bought over the summertime. Quam was born May 23, 1974.



SUZANNE YEE

California, 1997
Eighth Year

Washington State University women's swimming assistant coach, Suzanne Yee, has served as an integral part of the Cougars' continued improvement in the pool, their successful return to the NCAA Championships and their persistence in the classroom over the past seven years.

Entering her eighth season at WSU, Yee has been instrumental in helping create a program competitive at the Pacific-10 and NCAA levels athletically and academically. During her seven seasons at WSU, the Cougars recorded a 34th place finish at the NCAA Championships in 2007, a 40th place finish in 2006 and a 41st place finish in 2003. Two Cougar swimmers were awarded with All-American Honors, six different swimmers qualified for the NCAA Championships, two Cougar swimmers qualified for Olympic Trials and the team ranked as high as first in the country with its GPA. Yee is involved in all facets of the program, including recruiting, compliance, training design and dry-land preparation for the student-athletes. This past summer, Suzanne was one of two coaches for the club team, Cougar Swimming.

During her tenure, 17 school records have been broken, five NCAA automatic and 51 NCAA consideration standards have been achieved. In 2007, the Cougars recorded their third win in school history over rival University of Washington in dual meets, and the team has held the top

spots in team GPA in both the Pacific-10 Conference and the Washington State Athletic Department.

Yee came to WSU after spending seven years with the University of California, Berkeley swimming program. During that time, the Golden Bears improved from being a 28th place team to finishing fourth at the 2000 NCAA Championships. Suzanne began her career at California as a student-athlete in 1994 and competed



Erica Quam, Erin McCleave, and Suzanne Yee at the 2007 NCAA Championships

until shoulder surgeries forced her to retire in 1995. During the remainder of her stint at California, she worked with the team as a volunteer assistant coach while finishing her undergraduate and graduate degrees. As a volunteer assistant coach, Yee worked with a team whose athletes set school records in 14 events and broke world records in the 200 meter medley relay and 50 meter backstroke. She also aided in the coaching of four swimmers who qualified for the 2000 Olympic Games.

Yee has had head coaching experience at the Miramonte Swim Club in Moraga, Calif., where she worked with over 200 swimmers. She also served as interim



head coach at WSU during the spring and summer of 2002. In addition, she has worked with several other top coaches while participating in a variety of swimming camps and clinics, including the University of Texas, Longhorn Swim Camp and the University of California, Berkeley Golden Bear Swim Camp.

In June of 2004, Yee was one of 24 graduates of the NCAA Women Coaches Academy in Wilmington, N.C., and in July of 2005, she graduated from the first-ever NCAA Women's Coaches Academy Dimension 2 program in Denver, Colorado. The program gives female coaches the opportunity to learn about the fundamentals of coaching, management issues, principles of marketing, networking, media skills and other issues involved in women's athletics such as Title IX and the legal issues of coaching.

A 1997 graduate of California in history, Yee went on to earn her master's degree from California in education in 2000 and wrote her thesis on the subject of collegiate recruiting. She was fortunate to coach former Cougar, Erin McCleave, at the 2007 Santa Clara Invitational and share her deep love for It's Its. Suzanne's new favorite word is "yurt" and her favorite television shows are "Rob & Big" and "The Biggest Loser". She is looking forward to seeing Annie May again and loves spending time on Kennecott Way in her spare time.

VOLUNTEER ASSISTANT COACH

ERIN MCCLEAVE

Washington State University 2007
First Year

Erin McCleave joins the WSU coaching staff after ending an outstanding four-year career as a student-athlete for the Cougars. McCleave is only the third swimmer in Cougar history to earn honorable mention All-American honors (2007 – 200 and 1650 freestyle; 2006 – 1650 freestyle). She was the first WSU swimmer to be named national collegiate swimmer of the week by collegeswimming.com for her performances the week of Nov. 17-21, 2005, and the first WSU swimmer to earn Pacific-10 Conference Swimmer of the Month (Nov., 2005). McCleave is the school record holder in the 100, 200, 500, 1000 and 1650 freestyle events and is a member of both the school record 400 medley and 800 freestyle relays. In addition to her swimming awards, she garnered "Senior Excellence in Academics" and "Cougar Pride Academics" honors at the WSU senior banquet in May. She was also nominated for the WSU Pac-10 and NCAA woman of the year. At the 2007 Spring Nationals Championships, McCleave placed fourth in the 1500 freestyle, seventh in both the 400 and 800 freestyles, 17th in the 200 freestyle and anchored the second place 400 medley relay. McCleave recently represented Australia and WSU at the 2007 World University Games where she placed ninth in the 1500 freestyle and 14th in both the 400 and 800 freestyle events. She is currently ranked as high as second in the world with her times from the 2007 Australian Short Course national meet where she placed second in the 1500 freestyle, fifth in the 400 freestyle and seventh in both the 200 and 800 freestyle events. McCleave graduated with a GPA of 3.74 in biology. She will continue to train for the Australian Olympic Trials in March and enjoys doing art and crafts and decorating cakes in her spare time.



WSU Best Times

50 Freestyle	23.57	Texas Invitational	11/30/06
100 Freestyle	50.09	Pac-10 Championships	2/15/07
200 Freestyle	1:46.70	NCAA Championships	3/9/07
500 Freestyle	4:43.46	Pac-10 Championships	2/16/07
1000 Freestyle	9:47.19	NCAA Championships	3/10/07
1650 Freestyle	16:13.20	NCAA Championships	3/10/07
100 Backstroke	56.86	Minnesota Invitational	11/18/05
200 Backstroke	2:05.09	Idaho Dual	10/14/05



2007-08 Season Outlook

The 2007-08 Cougar swim team will look to three returning NCAA Consideration qualifiers, four returning school record holders and a talented group of freshmen to continue on its path of high level training and competition this season. Losing seven seniors, the team boasts a roster of 13 returnees and five newcomers. This year's team will strive to live up to the Cougar tradition of strong academics as well as swimming fast at the end of the season at the Pacific-10 Conference, NCAA and national meets.

Danielle Berish, Lina Daugvilaite, Bryn Mooney and Kenzie Reiter represent a senior class that is poised to close out its career as Cougars on a high note. All four seniors have scored at the Pacific-10 Championships and will be counted on by the underclassmen for their experience and leadership. **Reiter** scored in the 400 IM at the Pac-10s with the team's second-fastest time last year. She ranks fourth in the 200 and 400 IM, fifth in the 200 and sixth in the 100 breaststroke and seventh in the 1650 freestyle on the Cougar all-time top 10 list. **Daugvilaite**, a Lithuanian national record holder, scored for the Cougars in the 1650 freestyle last season at the Pac-10s. She holds the sixth-fastest 500 and 1650 freestyle times as well as the ninth-fastest 200 freestyle times in WSU history. **Mooney** continued to improve in both the backstroke and butterfly events last season, scoring for the Cougars in the 100 butterfly at the Pac-10s and sitting fourth in the 200 and fifth in the 100 butterfly in the Cougar record books. **Danielle Berish** scored at the Pac-10s as part of the 800 freestyle relay coming off a great Texas Invitational.

Juniors **Brett Bogachus, Maya Dill, Jamie MacLeod, Kristin Marceau, Elyse Peterson** and **Afton Pickett** gained tremendous experience last season. The group will be counted on to lead the team in several events and add much needed depth at dual meets and at the Pac-10s. **Pickett** and **Peterson** return to the team as members of the school record-setting 4x100 medley relay team and swam the first and second legs on the second place 4x100 medley relay team at the U.S. Spring Championship meet. **Peterson** recorded lifetime bests and NCAA Consideration times in both

"I have high expectations for our team this season. They have worked hard over the spring and summer seasons, have come back fit, ready to race and have a true sense of chemistry. We have a strong core of returning swimmers who know where this team can go and have played an important role in the development of this program. They also have the leadership skills to set the standard for the team. Our freshman class is an outstanding mix of talent, energy, and personality. I believe each one of these swimmers can be an immediate contributor to our team."

—Head Coach Erica Quam

the 100 and 200 breaststrokes at the Pac-10s last season where she scored in both events. She currently sits second in the 100 breaststroke, fourth in the 200 breaststroke and sixth in the 50 freestyle on the WSU All-Time Top 10 list. She gained invaluable experience with her U.S. National competition this summer. In addition to holding a school record, **Pickett** also ranks second in both the 100 and 200 backstroke events in school history. She led off the scoring 200 medley relay at the Pac-10s last year and will look to earn NCAA Consideration standards for a second straight year. Both **Dill** and **Marceau** had huge drops in all of their individual events to end the 2006-07 season. Both were just out of scoring position in the 1650 freestyle at the Pac-10s and will push each other to move up into the top 24. **MacLeod** had a great summer of training and racing and is a member of the school record 4x200 freestyle relay from 2006. She currently is ranked sixth in the 100, eighth in the 50 and 10th in the 200 freestyle events in Cougar history. **Bogachus** had a great sophomore campaign after a stint as a thrower on the track and field team her freshman year. She finished the 2006-07 season with times in the 100 and 200 butterfly and 200 and 400 IM that were in the top five on the WSU all-time top 10 list.

Michaela Ahlin, Shawna Keller and **Keara Sheahan** concluded tremendous freshmen campaigns with both **Ahlin** and **Keller** garnering NCAA "B" Consideration standards, scoring at the Pac-10s and competing at the U.S. Spring Championships. **Ahlin** competes in the butterfly and has been swimming at an elite level for several years. Ahlin's

200 butterfly time ranks second in school history and was her NCAA Consideration event last season. She won the bronze medal in the 200 and placed sixth in the 100 butterfly this summer at the Swedish national meet. **Keller** made her mark on the WSU record books with an NCAA Consideration time in the 200 IM, placing her third in WSU history. She swam personal best times in the breaststroke events to place her sixth in the 200 and seventh in the 100 breaststrokes on the WSU all-time top 10 list. **Sheahan** swam to lifetime bests in all of her events at the Pac-10s last season, and with a great summer of training, will continue to add depth in the sprint freestyle and butterfly events.

The freshman class of **Sierra Burton, Jennifer Dean, Rugile Mileisyte, Erika Roach** and **Talor Whitaker** are a welcome addition to the Cougar family. With their experience and talent, they will be immediate contributors to the Cougar team. **Burton** is a multiple-time high school All-American from Northern California with Junior National experience. Her times from her high school championships rank her 17th in the 100 and 30th in the 200 freestyle and 37th in the 200 IM. Her incoming times would already place her on four of the Cougar all-time top 10 lists and will make her an immediate contributor to the Cougar relay teams. **Dean** is another Northern California native who experienced great success as a high school senior. She will add to the sprint and middle distance freestyle events and will look to put her name on the record books this season. **Mileisyte** joins fellow Lithuanian, Daugvilaite, as a national record-holder in multiple events. Her

international experience and incoming times will make her an immediate contributor to the backstroke, freestyle, and individual medley events. **Roach** is a talented middle distance swimmer from San Antonio, Texas, who has a range of events that will allow her to be a great asset in dual meets and at the end of the season. **Whitaker** is the Indiana state champion in the 100 and 200 freestyle, ranking her 21st and 24th respectively in the country as a high school senior. Along with **Burton**, she has junior national experience in a number of events, and looks to end the season with a number of times in the Cougar record books.

FREESTYLE

Seniors **Danielle Berish**, **Kenzie Reiter** and **Lina Daugvilaite**; juniors **Maya Dill**, **Jamie MacLeod**, **Kristin Marceau** and **Elyse Peterson** and sophomores **Michaela Ahlin**, **Shawna Keller** and **Keara Sheahan** will be the Cougars' returning group of experienced freestylers. **Berish** swam on several key Cougar relays last season, and will continue to add to the depth in the sprint and middle events. **Daugvilaite** (sixth – 500 and 1650 free, eighth – 1000 Free, ninth – 200 free) and **Reiter** (seventh – 1650 free, ninth 1000 free) both have experience in the distance events, and **Daugvilaite** has shown speed with some fast middle distance races. **MacLeod's** (sixth – 100 free, eighth – 50 free, 10th- 200 free) and **Peterson's** (sixth – 50 free) experience on sprint relays and in their All-Time Top 10 performances will again be counted on this season in those events. **Marceau** and **Dill** round out the distance freestyle group. **Ahlin** and **Keller** both have experience on "A" relays from last season and will be a solid core for the 4x50, 100 and 200 freestyle relays. Freshmen **Sierra Burton**, **Jennifer Dean**, **Rugile Mileisyte**, **Erika Roach** and **Talor Whitaker** all have a shot at one of the Cougar "A" freestyle relays this season. All five freshmen have a range of sprint to middle distance events with **Burton** coming out on top in the 2.2 mile swim portion of the Snake River Challenge this fall.

BREASTSTROKE

Senior **Kenzie Reiter**, juniors **Elyse Peterson** and **Afton Pickett**, sophomore **Shawna Keller**, and freshman **Sierra Burton** will all be counted on to use their breaststroke skills throughout the season. **Peterson** (second – 100, fourth – 200) returns with NCAA Consideration and Senior National times in both distances, as well as having the fastest 50 split last season. **Reiter** (fifth – 200, sixth – 100) and **Keller** (sixth – 200, seventh – 100) both return with Pac-10 scoring capability in both the 100 and 200. Both competed at the national level in the 200 breaststroke. **Afton Pickett** and **Sierra Burton** will be used on occasion to round out the diverse group of breaststrokers.

BACKSTROKE

Afton Pickett and **Bryn Mooney** are the returnees with the most backstroke experience. **Pickett** (second – 100 and 200) had the team's top 50, 100 and 200 times last season and led off the 4x100 medley relay at the Pac-10s and at the Spring U.S. Championship meet. **Mooney** led off the 200 medley relay at the Pac-10s and had the second fastest time with a personal best 100. She was also fourth in the 200 last year. Newcomers **Jennifer Dean**, **Rugile Mileisyte** and **Erika Roach** will add much needed depth in the backstroke events this season. **Dean**, who is primarily a freestyle specialist, has had solid swims in both distances and will continue to improve her secondary stroke. **Mileisyte** is the Lithuanian Short Course record holder in the 50 and 100 distances and qualified for the semifinals in the 50 at the Paris Open this past August. **Roach** had drastic time drops this past season with times that would have put her on last year's top five times.

BUTTERFLY

Returnees **Bryn Mooney**, **Brett Bogachus**, **Michaela Ahlin** and **Keara Sheahan** will be a solid foundation for the butterfly events for the Cougars. Freshmen **Sierra Burton**, **Erika Roach** and **Talor Whitaker** will bring new blood to the flyer group. **Mooney** (fourth – 200, fifth – 100) recorded her third consecutive 100 victory

over rival Washington last season. After a lifetime best swim at the Texas Invitational, **Mooney** made it back to the scoring heats at the Pac-10s. **Ahlin** (second – 200, fourth – 100) recorded lifetime bests in both distances at the end of the season, and her 200 swim time earned her an NCAA Consideration standard. She swam both the 50 and 100 legs on the "A" medley relays last season, is on the school record 4x100 medley relay and helped the 4x100 medley relay place second at the Spring U.S. Championships. Lifetime best times were achieved last season by **Bogachus** (100 & 200) and **Sheahan** (100) and both will look to start where they left off and continue their improvement this season. **Whitaker's** 100 time coming into the WSU program would place her on the all-time list. She will join **Roach** in swimming the 200 event. **Burton** will use her strength to add depth in the 100.

INDIVIDUAL MEDLEY

Shawna Keller and **Kenzie Reiter** will lead returnees **Brett Bogachus**, **Lina Daugvilaite**, **Maya Dill**, **Kristin Marceau** and **Afton Pickett** as well as newcomers **Sierra Burton**, **Rugile Mileisyte** and **Talor Whitaker** in the IM events this season. **Keller** (third – 200) recorded the team's fastest 200 IM time last season, earning her first collegiate NCAA consideration and U.S. National time standard. She has made great strides in all four strokes this summer and will look to contribute in both the 200 and 400 distances. **Reiter** and **Bogachus** will swim both distances again for the Cougars. **Bogachus** recorded lifetime best times last season, and **Reiter** (fourth – 200 and 400) scored for the second year in a row at the Pac-10s in the 400. **Pickett** (fifth – 200), **Burton**, **Mileisyte** and **Whitaker** will all add their skills to the 200 distance with **Whitaker** having an incoming time that would already place her in the record books. **Daugvilaite**, **Dill** and **Marceau** all gained experience last season and over the long course season in the 400 event. With solid training, the distance group will make an impact on the grueling distance.

The 2006-07 Washington State swim team posted a 9-2 dual meet record en route to shaking up the top 10 lists. Head Coach Erica Quam led the Cougars to their third consecutive winning season.

Senior Erin McCleave earned two All-American awards at the 2007 NCAA Division I Swimming and Diving Championships in the 200 and 1650 freestyle events. McCleave also competed in the 500 freestyle at the national meet. She is the third WSU All-American swimmer and the second to be honored multiple times.

A number of records were broken throughout last season. McCleave set five individual WSU records and five Gibb Pool records including a time of 16:49.79 in the 1650 freestyle Jan. 13 to break a 26-year-old pool record. She broke her own record in the 1650 free at the NCAA Championships with a time of 16:13.20. McCleave was also a member of the record-breaking 400 medley relay that recorded a 3:45.36 clocking at the Pacific-10 Championships. Sophomores Afton Pickett and Elyse Peterson and freshman Michaela Ahlin were also members of the relay that broke a seven-year-old WSU record.

Also breaking records was senior Kayli Changstrom who set a WSU record in the 400 IM at the Pac-10s with a time of 4:21.31. The 200 medley relay squad of junior Bryn Mooney, senior Monika Povilonyte, Ahlin and sophomore Jamie MacLeod set a Gibb Pool record against Washington with a time of 1:45.31.

One of the most notable team wins of the 2006-07 season was the 153.5-108.5 victory against Washington Nov. 10. It was the third win against the Huskies in the Cougars' program history and the first since 2001. Three Gibb Pool records were set at the meet.

WSU sent seven Cougars to the U.S. Spring National Championships in March. McCleave garnered three top 10 finishes, and Ahlin and Peterson both earned trips to the finals in their events. Ahlin placed fourth in the "B" finals of the 100 butterfly, and Peterson finished fifth in the "C" finals of the 100 breaststroke. In relay action, WSU placed second in the 400 medley, eighth in the 800 freestyle and 10th in the 400 freestyle. The Cougars placed fifth out of 88 teams, the highest team finish in school history for WSU.

The all-time top 10 list was revamped as 15 swim times made the cut. Thirteen of those times were recorded at the Pac-10 Championships. Eleven WSU swimmers won a total of 65 individual races. As a team, 75 lifetime best times were achieved, 45 of those posted at the Pac-10s. At the Pac-10s, 11 swimmers scored in their respective events. Of those 11, five swimmers scored in multiple events led by McCleave who placed in five events. Povilonyte, Peterson and freshman Shawna Keller placed in three events and Mooney scored in two.

Once again, the WSU swim squad shined in the classroom. Ten swimmers were named to the Pac-10 All-Academic teams with four earning first team selections, three earning second team honors and three earning honorable mention recognition.

With the record-breaking success of the 2006-07 season, the foundation is built for 2007-08. The WSU swimming program will look to carry the momentum of last year into this season with a talented core of freshmen and an experienced group of returnees.



roster and geographics

NAME	YEAR	HOMETOWN (HIGH SCHOOL)	EVENTS
Michaela Ahlin	SO	Tyreso, Sweden (Tessinskolan '06)	Fly/Free
Danielle Berish	SR	Atlanta, Ga. (Chamblee Charter '04)	Free
Brett Bogachus	JR	Bellevue, Wash. (Bellevue '06)	IM/Fly
Sierra Burton	FR	Carmel, Calif. (Stevenson '07)	Free/IM
Lina Daugvilaite	SR	Kaunas, Lithuania (Ausra '04)	Distance Free
Jennifer Dean	FR	Campbell, Calif. (Del Mar '07)	Free
Maya Dill	JR	Longview, Wash. (Kelso '05)	Distance Free
Shawna Keller	SO	Cambridge, Ontario (Galt Collegiate '06)	IM/Free/Breast
Jamie MacLeod	JR	Mississauga, Ontario (Silverthorn Collegiate Inst. '05)	Free/Fly
Kristin Marceau	JR	Bend, Ore. (Summit '05)	Distance Free/IM
Rugile Mileisyte	FR	Alytus, Lithuania (Salomeja Neris '07)	Back/Free/IM
Bryn Mooney	SR	Pullman, Wash. (Pullman '04)	Fly/Back/Free
Elyse Peterson	JR	San Luis Obispo, Calif. (San Luis Obispo '05)	Breast/Free
Afton Pickett	JR	Monroe, Mich. (Monroe '05)	Back/IM/Free
Kenzie Reiter	SR	Billings, Mont. (Billings '04)	Breast/IM
Erika Roach	FR	San Antonio, Texas (Reagan '07)	Free/Fly/Back
Keara Sheahan	SO	Spokane, Wash. (Thomas Dale '06)	Fly/Free
Talor Whitaker	FR	Chesterton, Ind. (Chesterton '07)	Free/Fly/IM

HEAD COACH

Erica Quam (Indiana, 1997), sixth year

ASSISTANT COACH

Suzanne Yee (California, 1997), eighth year

VOLUNTEER ASSISTANT

Erin McCleave (Washington State, 2007), first year



PRONUNCIATION GUIDE
Michaela Ahlin
(Mi-KAY-la AWE-lin)
Brett Bogachus
(Bo-GAW-kiss)
Lina Daugvilaite
(LINN-a Dog-ville-lot-AY)
Jamie MacLeod
(Mah-CLOUD)
Rugile Mileisyte
(Rue-GEE-lay Meal-e-SHAY-ta)
Keara Sheahan
(Key-ARE-uh)



MICHAELA AHLIN



Sophomore
Butterfly, Freestyle
Tyreso, Sweden
Tessinskolan '06

DANIELLE BERISH



Senior
Freestyle
Atlanta, Ga.
Chamblee Charter '04

WSU CAREER

Freshman (2006-07): Fourth place in WSU all-time top 10 list in 100 butterfly (55.58) and second in 200 butterfly (2:02.21)...finished in first place in 10 individual events...member of 400 medley relay squad that set a WSU record at Pac-10 Championships Mar. 17 (3:45.36)...also set a Gibb Pool record as part of 200 medley relay team against Washington Nov. 10...scored at the Pac-10 Championships in the 100 butterfly (55.58; 19th) and scored with an NCAA "B" Consideration Standard time of 2:02.21 in the 200 butterfly (14th)...placed fourth in the "B" finals of the 100 butterfly at the US Spring National Championships with a time of 1:02.34...part of 400m medley relay team that placed second overall (4:18.56).

PREP CAREER

Swam for the Nykoping Swimming Gymnasium in Nykoping, Sweden and for Polisen in Stockholm, Sweden...was the 2003 Swedish Youth Champion in the 200 butterfly...in 2004 she took sixth place in the 100 butterfly in the final of the Swedish LCM Championship...was also third place in the 200 butterfly in the 2004 Junior Swedish SC Meter Championship...placed second in the same event at the 2005 Junior Swedish SC Meter Championship...reached the finals of the Swedish LC Championship in the 200 butterfly in 2006 and placed sixth...earned a bronze medal in the 200 butterfly at 2007 LC meter championships.

PERSONAL

Born April 15, 1987 in Tyreso, Sweden...parents Tord and Birgitta Ahlin...enjoys swimming, spending time with family and friends, shopping, and camping in yurts...plans to pursue a degree in communications or journalism at WSU.

WSU BEST TIMES

Event	Time	Meet	Date
100 Butterfly	55.58	Pac-10 Championships	2/16/07
200 Butterfly	2:02.21	Pac-10 Championships	2/17/07
200 Freestyle	1:52.99	Texas Invite	12/1/06

WSU CAREER

Junior (2006-07): Scored as member of WSU's "A" 800 freestyle relay team and competed as part of "B" 200 freestyle relay at Pac-10 Championships...member of 400 freestyle relay team that placed second at California Oct. 28...placed 13th out of 21 teams as member of "A" 200 freestyle relay team at Texas Invitational Nov. 30...set a personal best time of 5:05.45 in the 500 freestyle and swam a personal best of 1:53.36 in the 200 freestyle at the Texas Invite...Pac-10 All-Academic first team honoree...Student-Athlete Advisory Committee Vice President

Sophomore (2005-06): Finished fifth in the 200 freestyle and sixth in the 100 freestyle against California in the first dual match of the season...turned in a new lifetime best performance of 52.92 in the 100 freestyle at the Minnesota Invite...her time of 1:54.63 in the 200 freestyle at the same meet was also a new lifetime best...member of team that won the 400 freestyle relay at Florida International...placed fourth in the 100 and 200 freestyle against San Jose State...member of "B" 800 freestyle and 400 freestyle relay teams at Pac-10 Championships...earned Pacific-10 All-Academic second team honors.

Freshman (2004-05): Scored at the Pac-10 Championships as a member of the Cougar "A" 200 and 400 freestyle relays and was also a member of the "B" 800 freestyle relay...swam a lifetime best in the 50 freestyle and season bests in the 100 and 200 freestyles at the Pac-10 Championships...captured first place in the 200 freestyle against Idaho in February...named to Freshman All-Academic team...member of the Student-Athlete Advisory Committee.

HIGH SCHOOL/CLUB CAREER

Swam for Gail Fegely at Chamblee Charter High School...earned four letters in swimming, two in cross country...as a **Freshman**, named the team's MVP...led Bulldogs to county championship...cross country team second place finish at the State championship in the 3A level...earned cross country rookie of the year...her **Sophomore** season once again named team's MVP...cross country team placed at state...as a **Junior**, led school to ninth place finish at state championship...finished fourth in the 50 freestyle at state...member of fourth place finishing 200 and 400 freestyle relay teams...served as team captain...swam for the Dynamo Swim Club under Ed Spencer and Jim Rumbaugh...Junior National qualifier in 100 freestyle...three-time USA Scholastic All-American...Georgia all-star...named team MVP as a **Senior**.

PERSONAL

Born Nov. 22, 1985 in Atlanta, Ga...parents Cory Berish and Sally Tubridy...sister Bryanna...enjoys community service, participating in triathlons, coaching, and making random CD mixes for the pool...interested in pursuing a career in law.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
50 freestyle	24.48	Pac-10 Championships	02/24/05
100 freestyle	52.92	Minnesota Invitational	11/20/05
200 freestyle	1:53.36	Texas Invite	12/01/06
500 freestyle	5:05.45	Texas Invite	11/30/06

BRETT BOGACHUS



Junior
IM, Butterfly
Bellevue, Wash.
Bellevue '05

WSU CAREER

Sophomore(2006-07): Placed third in the 200 butterfly (2:11.86) vs. Northern Arizona Jan. 13 and fourth in the 100 butterfly (1:00.80) at California Oct. 28...swam career best times in the 200 IM, the 200 and 100 butterfly and the 400 IM events at the Pac-10 Championships.

HIGH SCHOOL/CLUB CAREER

Earned 10 letters at Bellevue High: two in softball, two in basketball, two in track, and four in swimming...four-time All-KingCo selection in swimming...helped lead the Wolverines to four consecutive state championships... four-time WIAA Scholar Athlete...participated for 11 years on Bellevue Club Swim Team (USS) for coaches Klaas Schenk and Jody Braden...as a **Freshman**, nominated as a National Interscholastic Swim Coaches Association All-American...member of 400 freestyle relay state championship team in her **Sophomore** year...recipient of Coaches' Award...Seattle Post-Intelligencer All-Star team honorable mention...National Interscholastic Swim Coaches Association All-American...four-time individual finalist at state 3A meet...named Seattle Times Athlete of the Week as a **Junior**...captained swim and track teams as a **Senior**...named a National Interscholastic Swim Coaches Association All-American for the second year...member of 200 medley relay state championship team...Coaches' Award recipient...named Seattle Times Athlete of the Week...broke school javelin record seven times and won King County and district javelin titles...finished fourth in javelin at state championship meet...named Bellevue High's Female Athlete of the Year.

PERSONAL

Born Oct. 24, 1986 in Bellevue, Wash...father Gary played football at Central Washington University...mother Victoria was a swimmer at UC Davis...sister Lindsey graduated from WSU in 2006 and is currently pursuing her doctorate at USC...3.93 prep GPA...member of National Honor Society and Link Crew...recipient of the Marine Corps Distinguished Athlete Award...also received the Kiwanis International Athletic Performance Award for Girls Track...President's Award for Outstanding Academic Excellence...WSU Regents Scholarship...goes by the nickname 'Tro'...majoring in basic medical science at WSU.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
100 Butterfly	58.48	Pac-10 Championships	2/16/07
200 Butterfly	2:07.69	Pac-10 Championships	2/17/07
200 IM	2:09.88	Pac-10 Championships	2/15/07
400 IM	4:35.54	Pac-10 Championships	2/16/07



SIERRA BURTON



Freshman
Freestyle, IM
Carmel, Calif.
Robert Louis Stevenson School, '07

HIGH SCHOOL/CLUB CAREER

Competed in swimming four years, the first three at Carmel High School and the fourth at Robert Louis Stevenson (RLS)...USA Swimming Scholastic All-American Team and NISCA Academic All-American...earned nine All-American Standards since freshman year...holds six of 11 MTAL records in swimming...broke nine of 11 swimming records at RLS...undefeated in four years of MTAL league competition...Junior National qualifier in 100 freestyle...U.S. Open cut in the 200 freestyle...led her high school teams to MTAL league championships in swimming all four years.

PERSONAL

Born Sept. 25, 1989 in Salinas, Calif...mother Michelle Burton...sister Megan Burton...enjoys reading, surfing and scuba diving...lists the Pullman visitor's center as the place she would most like to visit...plans to major in pre-medicine.



LINA DAUGVILAITE



Senior
Distance Freestyle
Kaunas, Lithuania
Ausros Gymnasium '04

WSU CAREER

Junior (2006-07): Scored at the Pac-10 Championships by placing 22nd in the 1650 freestyle with a season best time of 17:14.48...swam a season best time in the 500 freestyle at Pac-10 Championships...third in the 500 freestyle against Oregon State Jan. 20 (5:04.33) and Washington Nov. 10 (5:06.10)...also swam a season best time in the 1000 freestyle at Oregon State... placed first in the 1000 freestyle (10:33.63) against Cal State Northridge Oct. 21.

Sophomore (2005-06): Placed second in the 200 freestyle at Florida International Invitational...placed second in the 800 freestyle relay and won the 1500 freestyle relay at the Golden Panther Invitational...placed third in the 1000 freestyle (10:37.07) against California...member of "B" 800 freestyle relay team and placed 18th individually in the 1650 freestyle at Pac-10 Championships...earned the sixth spot in the WSU record books in the 1650 freestyle with a time of 17:07.61 and is ninth all-time in the 200 freestyle (1:52.57).

Freshman (2005): Joined the team in January...scored at the Pac-10 Championships in the "A" 800 Freestyle relay and by placing 19th in the 1650 Freestyle... earned three all-time top ten and lifetime best marks at the Pac-10 Championships in the 500, 1000, and 1650 freestyle...also swam on the "B" 400 Freestyle relay team at the Pac-10 meet.

CLUB CAREER

Ausros Gymnasium in Kaunas, Lithuania...champion of Lithuania in 200, 400 and 800 freestyle 2000-2005...Lithuanian record holder in 400 and 800 freestyle, 400 IM, and member of record holding 4x200 and 4x100 freestyle relay teams...named Lithuanian Swimming Master in 200 and 400 freestyle...open water Plateliai, Trakai and Panevezys champion...played three years of volleyball for coach Vilma Kuciakienė (1992-2002) and Jūrate Statkevicienė (2002-04).

PERSONAL

Born Oct. 9, 1985 in Kaunas, Lithuania...parents Rolandas and Lidija...younger brother Vytytis...enjoys drawing, movies, bowling, and baking in her spare time.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
200 freestyle	1:52.57	Minnesota Invitational	11/19/05
500 freestyle	4:59.11	Pac-10 Championships	02/24/05
1000 freestyle	10:21.95	Pac-10 Championships	02/26/05
1650 freestyle	17:07.61	Minnesota Invitational	11/20/05
400 IM	4:36.07	Pac-10 Championships	2/16/07

JENNIFER DEAN



Freshman
Freestyle
Campbell, Calif.
Del Mar '07

MAYA DILL



Junior
Freestyle, IM
Longview, Wash.
Kelso '05

HIGH SCHOOL/CLUB CAREER

Swam for Christin Perrill at Del Mar...also a four-year letter winner and MVP in cross country... named Most Outstanding Osprey from 2003-2005 and in 2007 in Osprey Aquatics club...named Most Committed 2002-2007 and Most Improved in 2003... **Freshman** earned Most Valuable Swimmer award, first at League Championships in 200 and 100 free and 200 medley...second in 200 free relay...**Sophomore** earned Most Valuable Swimmer award...first at League Champs in 50 and 100 free, 200 and 400 free relay...Academic All-American...**Junior** earned Most Valuable Swimmer award...first at League Champs in 100 and 200 free, 200 medley relay and 200 free relay...Academic All-American...Named the Most Outstanding Osprey from 2003-2005 and in 2007 in Osprey Aquatics club...named Most Committed 2002-2007 and Most Improved in 2003...**Senior** league champions...first in 100 and 200 freestyle and 400 freestyle relay...second in 200 freestyle relay...eighth in 200 freestyle at CCS...Academic All-America...MVP.

PERSONAL

Born Dec. 23, 1989 in Santa Clara, Calif., and lives in Campbell, Calif...parents Matthew, a software engineer and vice president of sales, and Jayna, a nurse, both graduated from California State University, Chico...brother Chris and sisters Whitney and Courtney...loves the fresh air in lane one...plans to major in political science as a pre-law option.



WSU CAREER

Sophomore (2006-07): Set four lifetime best times at the Pac-10 Championship meet...took second place in the 1000 freestyle and the 500 freestyle in a double dual meet against Idaho and Boise State Jan. 27...swam a season best time of 10:31.25 at UC Davis Oct. 27...named recipient of Cougar Award for best exemplifying what it means to be a Cougar student-athlete.

Freshman (2005-06): Finished 32nd in the 1650 freestyle at the Minnesota Invite...set four lifetime best times at the Pac-10 championship meet...named Most Improved Swimmer at the end of the season.

HIGH SCHOOL/CLUB CAREER

Earned six varsity letters at Kelso High...four in swimming for coach Laurie Metzger...two in water polo for coach Douglas Sabata...**Freshman** year, voted most inspirational and most valuable rookie...named to first team all-league in the 500 freestyle and 200 individual medley as a **Sophomore**...voted Highlander team MVP and most inspirational...as a **Junior**, placed ninth in state in 500 freestyle...repeated first team all-league honors in 500 and 200 freestyle and as team MVP...**Senior** year, KHS team captain...repeated ninth place finish at state in 500 freestyle...received third straight team MVP honor and voted most inspirational...swam for coach Richard Carr on the Killer Wales Swim Club.

PERSONAL

Born Aug. 28, 1987 in Kelso, Wash...parents Michael and Victoria...older sister Michaela...member of Latin club, science club, Spanish club and Link Crew at Kelso High...enjoys asking lots of intuitive questions...plans to pursue a degree in psychology.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
200 freestyle	1:58.29	Oregon State	1/20/07
500 freestyle	5:07.58	Pac-10 Championships	2/15/07
1650 freestyle	17:25.72	Pac-10 Championships	2/17/07
400 IM	4:39.08	Pac-10 Championships	2/16/07

SHAWNA KELLER



Sophomore
IM, Breaststroke, Freestyle
Cambridge, Ontario
Galt Collegiate '06

WSU CAREER

Freshman (2006-07): Finished in first place in nine individual races in dual meets... member of 800m freestyle relay team that placed eighth at U.S. Spring National Championships and placed tenth as part of 4 x 100m freestyle relay team...scored in three events at Pac-10 Championships...placed 20th in the 200 IM with an NCAA "B" Consideration Standard time and season best time of 2:03.97 at Pac-10 Championships...also scored in the 100 breaststroke with a personal best time of 1:05.31 (24th) and the 200 breaststroke with a time of 2:19.90 (22nd)...part of WSU's "B" 400 medley relay team at Pac-10 Championships...placed on three of WSU's all-time top 10 lists...seventh in 100 breaststroke, sixth in 200 breaststroke and third overall in 200 individual medley.

HIGH SCHOOL/PREP CAREER

Besides swimming, also participated in track and field and triathlon at Galt Collegiate...as a **Freshman**, competed in high jump and was an All-Ontario qualifier in the event...was a participant in the Eastern Canadian Championships in her **Sophomore** year and was a provincial medalist in the high jump...swam for the Cambridge Aquajets swim club and set the club record in the 50 freestyle in her **Junior** year...competed in World Championship Trials...was the Tinman Triathlon winner...qualified for the Canadian Senior Nationals in four events in swimming...competed in the Pan Pacific Trials in her **Senior** year.

PERSONAL

Born Feb. 1, 1988 in Cambridge, Ontario...parents Ralph and Carol Keller...brother Brian plays golf at Hawaii Pacific University...enjoys traveling, afternoon naps and consuming boxes of crackers...was named to the honor roll every year while at Galt Collegiate...plans to pursue a degree in movement studies while at WSU.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
100 Breaststroke	1:05.23	Pac-10 Championships	2/16/07
200 Breaststroke	2:19.61	Pac-10 Championships	2/17/07
200 IM	2:03.97	Pac-10 Championships	2/15/07

JAMIE MACLEOD



Junior
Freestyle, Butterfly
Mississauga, Ontario
Silverthorn Collegiate Institute '05

WSU CAREER

Sophomore (2006-07): Scored at Pac-10 Championships as member of WSU's "A" 200 freestyle relay team...also competed on the Cougars' "B" 800 freestyle relay team and "B" 400 freestyle relay team...swam season best times in the 50 freestyle (24.22) and the 100 freestyle (53.65) at the Pac-10 Championships...placed first in the 50 freestyle in a double dual meet against Boise State and Idaho Jan. 27 and at UC Davis Oct. 27...named to Pac-10 All-Academic second team.

Freshman (2005-06): Sits on the all-time top 10 list in four categories, including the school record breaking 800 freestyle relay squad...scored at the Pac-10 Championship meet as a member of the "A" 200, 400 and 800 freestyle relay teams...member of team that placed second in the 400 freestyle relay (3:25.79) at the Minnesota Invite...set a lifetime best time of 51:95 in the 100 freestyle at the same meet...helped lead 400 medley relay team to a second place finish at the Florida International Invitational...took second place in the 200 butterfly at the same meet...member of team that won both the 200 freestyle relay and the 400 freestyle relay at the Golden Panther Invitational...set lifetime best times in the 50 freestyle and the 200 freestyle at the Pacific-10 championship meet.

CLUB CAREER

Swam with the Etobicoke Swim Club under coach Kevin Thorburn while attending Silverthorn Collegiate Institute...qualified for the Canadian Youth and Junior Nationals in freestyle events **Freshman** year...as a **Sophomore**, name Etobicoke Swimmer of the Year in women's 15-17 class...high point winner at Age Group International and Ontario Long Course Junior Provincials...three-time silver medalist at Ontario Short Course Junior Provincials...member of Division I, Provincial and Youth and Junior National championship teams sophomore and **Junior** year...named Etobicoke Swimmer of the Year in women's 15-17 class second consecutive year...competed at Canadian Olympic Trials...as a **Senior**, reached 2005 Eastern Canadian Championships finals in 50, 100 and 200 freestyles...competed in World Aquatic Championships Trials, placing 21st in the 100 freestyle...reached Ontario Short Course Provincials finals in 50, 100 and 200 freestyles...competed at the Canadian Open Swimming Championships, placing 23rd in 100 freestyle and 26th in 50 freestyle.

PERSONAL

Born Aug. 2, 1987 in Ottawa, Ontario...parents John and Diane MacLeod...brother Ian swam for the University of Toronto...enjoys traveling, going to the beach and spending time with family and friends...earned academic honors each semester attended and was a Prefect at Silverthorn C.I...lists her pull buoy and paddles as her favorite swimming equipment...plans to major in microbiology at WSU.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
50 freestyle	23.96	Pac-10 Championships	2/23/06
100 freestyle	51.95	Minnesota Invitational	11/20/05
200 freestyle	1:52.69	Pac-10 Championships	2/24/06

KRISTIN MARCEAU



Junior
Distance Freestyle, IM
Bend, Ore.
Summit '05

WSU CAREER

Sophomore (2006-07): Set lifetime best times in 200 freestyle, 500 freestyle and 1650 freestyle at Pac-10 Championships...finished second overall in the 1000 freestyle (10:45.30) against Cal State Northridge Oct. 21...placed third in the 500 freestyle against San Jose State Oct. 20.

Freshman (2005-06): Placed fourth in the 400 medley relay and third in the 200 butterfly (2:17.30) at Florida International...sixth against California in the 1000 freestyle (10:52.35)...set four lifetime best times at the Pacific-10 championship meet.

HIGH SCHOOL/CLUB CAREER

Four-year letter winner and three-year captain in swimming for coach Amy Halligan at Summit High...**Freshman** year, competed at state and received All-American consideration in the 200 medley relay...member of district champion team...as a **Sophomore**, junior and senior years won 200 and 500 freestyle at Districts...team repeated as four-time district champions...competed at state all four years...named MVP as a **Senior**...competed for coach Mark Burnett on the Bend Swim Club team...Western zone champion in the 800 freestyle and 400 individual medley...senior sectional qualifier and senior representative for the club.

PERSONAL

Born Jan. 10, 1987 in Klamath Falls, Ore...parents Tedd and Carol...older brothers Jason and Matt...enjoys spending time with friends, watching movies, and white chocolate mochas with Molly at Starbucks...National Honor Society member...achieved 3.9 prep GPA.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
200 freestyle	1:56.02	Pac-10 Championships	2/16/07
500 freestyle	5:02.57	Pac-10 Championships	2/15/07
1650 freestyle	17:29.58	Pac-10 Championships	2/17/07
200 butterfly	2:11.73	Pac-10 Championships	2/25/06

RUGILE MILEISYTE



Freshman
Backstroke, Freestyle, IM
Alytus, Lithuania
Salomejos Neries '07

HIGH SCHOOL/CLUB CAREER

Swam for Sigita Skarelis at Kaunas Swimming School...placed first at the Lithuanian national championship all four years...participated in European Swimming Championship in 2005 in Triest and set two national records...participated again in Helsinki EC 2006 at Budapest.

PERSONAL

Born May 11, 1988 in Kaunas, Lithuania...parents Arvydas Mileisis and Irena Mileisiene...brother Aurimas...enjoys sports, traveling, dancing, and getting emails from family, friends, and coaches...plans to major in business management.



BRYN MOONEY



Senior
Butterfly, Backstroke, Freestyle
Pullman, Wash.
Pullman High School '04

WSU CAREER

Junior (2006-07): Competed at the U.S. Spring Nationals in the 100m freestyle and 100m butterfly events...scored as member of WSU's "A" 200 medley relay team at Pac-10 Championships...also swam on the "B" 200 free relay team and the "B" 400 medley relay team...placed 21st in the 100 butterfly at Pac-10 Championships with a time of 56.01...set career best times in the 100 butterfly (55.85) and the 100 backstroke (58.88) at the Texas Invitational...her time in the 100 butterfly is fifth best on the WSU all-time top 10 list...set Gibb Pool record as part of 200 medley relay team against Washington Nov. 10...named to the Pac-10 All-Academic second team.

Sophomore (2005-06): Scored at the Pac-10 Championships as member of 200 and 400 medley relay teams...finished fourth in the 200 and 400 medley relays at the Minnesota Invite...helped lead squad to a second place finish in the 300 butterfly relay at the Golden Panther Invitational...took first place in the 400 medley relay at the same meet...set a lifetime best time of 2:06.34 in the 200 backstroke at the Pacific-10 championship meet...ranks fourth in the 100 butterfly and third in the 200 butterfly on the WSU all-time top 10 list...earned Pacific-10 All-Academic first team honors.

Freshman (2004-05): Placed 21st in the 100 butterfly and scored as a member of the "A" 200 and 400 medley relays at the Pac-10 Championships...ranked second on the team with seven individual victories including a victory against Washington at Gibb Pool in the 100 butterfly...swam lifetime best times in the 50 freestyle, 100 butterfly, and 200 butterfly at the Princeton Invitational...currently ranks 4th in the 100 and 2nd in the 200 butterfly on the all-time top 10 list...freshman All-Academic team...received team's Strength and Conditioning award at the Cougars' annual banquet.

HIGH SCHOOL/ CLUB CAREER

Two year letterwinner at Pullman High School...as a **Freshman** placed first at district meet in the 100 backstroke and fly...reached the State final in both the 100 fly and 100 breaststroke...as a **Sophomore** she finished first in the 100 fly and second in the 100 backstroke at the district meet and made the finals in both events at State...named team MVP...class secretary...as a **Junior** she swam for the Moscow Swim Team coached by Emily Melina...sectional qualifier...junior national qualifier...as a **Senior** she attended junior nationals where she was coached by Emily Melina.

PERSONAL

Born Feb. 4, 1986 in Caldwell, Idaho...parents Tim and Hollie Mooney...brother Brady...enjoys art, skiing, 20 questions, tennis, knitting winter weather gear, and music...four-year honor roll student...graduated with a 3.8 GPA...pursuing a degree in fine arts at WSU.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
100 butterfly	55.85	Texas Invite	12/1/06
200 butterfly	2:03.99	Princeton Invitational	12/05/04
100 backstroke	58.88	Texas Invite	12/1/06
200 backstroke	2:06.34	Pacific 10 Championships	2/25/06
50 freestyle	24.43	Princeton Invitational	12/03/05

ELYSE PETERSON



Junior
Breaststroke, Freestyle
San Luis Obispo, Calif.
San Luis Obispo '05

WSU CAREER

Sophomore (2006-07): Placed fifth in the "C" finals of the 100m breaststroke (1:13.72) at the U.S. Spring National Championships...also placed second as member of 400m medley relay squad...set a WSU record and scored with WSU's "A" 400 medley relay team at the Pac-10 Championships...also scored as part of the "A" 200 freestyle relay team and swam on the "B" 200 medley relay team...scored individually in the 200 breaststroke by placing 14th overall with an NCAA "B" Consideration time and career best time of 2:17.00...earned a second NCAA "B" Consideration time in the 100 breaststroke at the Pac-10 Championships...placed 14th overall in the event with a career best time of 1:03.37...finished 18th overall in the 200 breaststroke at the Texas Invitational with an NCAA "B" Consideration time of 2:17.59...also recorded an NCAA "B" Consideration time of 1:03.40 in the 100 breaststroke to place 11th in the event at the Texas Invitational...second overall in 100 breaststroke (1:03.37) and fourth in 200 breaststroke (2:17.00) in top 10...also in record books as part of 400 medley relay squad with WSU's top time (3:45.36)...named a Pac-10 All-Academic honorable mention.

Freshman (2005-06): Placed 21st and scored individually in the 100 breaststroke at the Pac-10 Championships...also scored as part of the 200 medley and 200 freestyle relay squads at the Pac-10 Championship meet...placed third in the 50 freestyle and set a new lifetime best at the Minnesota Invite with a time of 23.70...helped lead 400 medley relay squad to a second place finish in at the Florida International Invitational...part of the 300 breaststroke, 500 freestyle and 200 freestyle relay teams that took first place at the Golden Panther Invitational...set a new career best time in the 100 freestyle in a dual meet versus Washington...sits on the WSU All-Time Top Ten List in three categories (50 freestyle, fifth; 100 breaststroke, sixth; 200 breaststroke, sixth)

HIGH SCHOOL/CLUB CAREER

Swam for Kelly Swanson at San Luis Obispo High...earned three letters in swimming...also played water polo...as a **Freshman**, earned water polo coaches award...named Pac 5 All-League first team and was a CIF relay finalist in swimming...league champion in the breaststroke as a **Sophomore**...named MVP of undefeated league champion team...earned as All-League first team honors...broke school record and named All-American in the 100 breaststroke as a **Junior**...named Tigers team MVP...placed 10th at Junior Nationals...as a **Senior**, qualified for Senior Nationals in the 100 breaststroke...named All-American in 50 freestyle, 100 breaststroke and 200 medley relay...named team MVP for third straight season...set SLOHS school records in five events...finished career ranked second in Southern California in 100 breaststroke and third in 200 breaststroke...swam with San Luis Obispo Swim Club for 10 years under coach Mike Scarcelli.

PERSONAL

Born April 13, 1987 in San Luis Obispo, Calif...parents Joel and Debbie...younger brother Kyle...enjoys biking and hiking...earned academic honor roll recognition each semester attended at SLOHS...member of California Scholastic Federation...enjoys blue and green candy...lists a fist pump as her favorite motivator...plans to study pre-med at WSU and pursue a degree in Neuroscience.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
50 freestyle	23.70	Minnesota Invitational	11/18/05
100 breaststroke	1:03.37	Pac-10 Championships	2/16/07
200 breaststroke	2:17.00	Pac-0 Championships	2/17/07
100 freestyle	53.78	Washington Dual Meet	11/11/05

AFTON PICKETT



Junior
Backstroke, IM, Freestyle
Monroe, Mich.
Monroe '05

WSU CAREER

Sophomore (2006-07): Member of 4 x 100m medley relay team that finished second overall at U.S. Spring National Championships...scored and set WSU record as part of the Cougar "A" 400 medley relay team at the Pac-10 Championships...also participated on the WSU "B" 200 medley relay squad...swam the 200 backstroke in a season best time of 2:03.14 at the Pac-10 Championships...finished in first place in three individual races in dual meets this season...placed second in the 100 backstroke with a season best time of 57.89 against Washington Nov. 10...earned

Pac-10 All-Academic honorable mention.

Freshman (2005-06): Placed 15th in the 200 backstroke and 16th in the 100 backstroke at the Pac-10 Championships and scored as part of the 200 and 400 medley relay squads...clocked in at 2:01.17 to take first place in the 200 backstroke at the Minnesota Invitational, placing her second in the WSU record books...finished third with a time of 56.67 in the 100 backstroke at the same meet and sits second all time in that category...took first place in the 200 backstroke at the Florida International Invitational...helped lead 300 backstroke relay team to a second place finish and the 400 medley relay team to a first place finish at the Golden Panther Invitational...set a lifetime best time of 2:06.44 in the 200 IM at the Pacific-10 championship meet, placing her fourth on the WSU all-time top 10 list...NCAA "B" consideration time in 200 backstroke.

HIGH SCHOOL/CLUB CAREER

Earned seven varsity letters at Monroe high...four in swimming for coach Norma Balough and three in synchronized swimming for coach Nancy Schlosser... **Freshman** year, named to Michigan Mega All-Conference team and placed 11th at state in the 100 backstroke...named Freshman of the Year...named to All-State and All-American teams as a **Sophomore**...set MHS school record in 100 backstroke...member of fifth place state team...named team MVP in synchronized swimming...as a **Junior**, repeated All-State and All-American honors in the 200 medley relay, 100 backstroke and 200 freestyle relay...won state in 200 medley relay...team placed third overall...**Senior** year, named Trojans MVP and team captain...named to all-conference swim team fourth year in a row...All-State in 100 backstroke (placed second) and 200 individual medley (placed third)...swam for Coach Louis Balough on the Southern Michigan Aquatic Club...state champion in 800 free relay in 2002 and 200 backstroke in 2003...participated in regional select swimming camp at the University of Tennessee in 2004...high point champion at the LCM state meet in 2004.

PERSONAL

Born April 3, 1987 in Wayne, Mich...father Kenneth is an engineer...younger sister Kirstin attends New Mexico State University...enjoys reading, movies, spending time with friends, and solving math problems for fun...three year National Honor Society and Spanish Club member...Michigan Merit Award Winner...will pursue a degree in bioengineering.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
200 IM	2:06.44	Pac-10 Championships	2/23/06
100 backstroke	56.67	Minnesota Invitational	11/19/05
200 backstroke	2:01.17	Minnesota Invitational	11/20/05
200 breaststroke	2:25.80	Time Trial	1/20/06



KENZIE REITER



Senior
Breaststroke, IM
Billings, Mont.
Billings Senior '04

WSU CAREER

Junior (2006-07): Scored individually at the Pac-10 Championships in the 400 IM by placing 23rd with a season best time of 4:28.02...placed second in the 100 breaststroke against Northern Arizona Jan. 13...took second place in the 400 IM against Washington Nov. 10 with a time of 4:33.25...third place against Cal State Northridge in the 1000 freestyle...continues to rank in six events on WSU's all-time top 10 list.

Sophomore (2005-06): Scored at the 2006 Pac-10 Championship meet placing 22nd in the 400 IM and 19th in the 1650 freestyle...Member of 4 x 100m medley relay team that swam to a 14th place finish at the US National Spring Championships...finished 12th in the 200 butterfly, 18th in the 200 IM, 19th in the 1650 freestyle, and 21st in the 400 IM at the Minnesota Invite...entered ninth place on the Cougar All-Time Top 10 list in the 1000 freestyle with a time of 10:25.33 at the Pac-10 Championships...her time of 17:15.52 in the 1650 freestyle is seventh best in WSU history.

Freshman (2004-05): Placed 18th and recorded lifetime bests at the Pac-10 Championships in both the 100 and 200 breaststrokes...scored as a member of the "A" 200 freestyle relay at the Pac-10 meet...won three individual races in dual meets this season, including the 1000 freestyle against Washington and San Jose State at Gibb Pool...swam a lifetime best in the 200 IM at the Pac-10 Championships and in the 400 IM at the Princeton Invitational...holds a position on the all-time top 10 list in four events.

HIGH SCHOOL/ CLUB CAREER

Lettered three times as a member of the swim and soccer teams at Billings Senior High...set the State record in the 100 breaststroke as a **Freshman**...placed second in State in the 200 individual medley...leading scorer on soccer team...as a **Sophomore** she placed first the 100 breaststroke and second in the 200 IM...swimmer of the season...during her **Junior** year she set State records in 100 and 200 breaststroke...also established State record in the 200 and 400 IM...All-State in soccer as she lead her team in scoring...placed third in State in 100 breaststroke and first in 200 IM...team placed first at Junior Nationals...finished in the top three in three relay events at Junior Nationals...finished in the top eight at Junior Nationals...named Montana Swimmer of the Year as a **Senior** by National Club Swimming Association...lead her team to a third place finish at Junior Nationals.

PERSONAL

Born April 22, 1986 in Billings, Mont...parents Greg and Stacey Reiter...brother McLean...sister M'ily...member of the National Honor Society...graduated with a 3.75 GPA...enjoys baking with teammate Lina...plans to pursue a degree in elementary/secondary education.

WSU BEST TIMES

Event	Time	Meet	Date
200 individual medley	2:05.62	Pac-10 Championships	02/24/05
400 individual medley	4:27.41	Princeton Invitational	12/04/04
100 breaststroke	1:04.41	Pac-10 Championships	02/25/05
200 breaststroke	2:18.40	Pac-10 Championships	02/26/05
1650 freestyle	17:15.52	Pac-10 Championships	02/25/06

ERIKA ROACH



Freshman
Freestyle, Butterfly
San Antonio, Texas
Reagan '07

HIGH SCHOOL CAREER

As a **Freshman** named San Antonio Express News Area Class 4A best 500 freestyler...qualified for Texas state championships in 100 butterfly and 500 freestyle, placing third and fourth respectively...**Sophomore** placed second at state in 200 freestyle and third in 100 butterfly...**Junior** named to Texas Class 5A All-State team in 200 and 500 freestyle events...Class 5A district and regional champion and state qualifier in 200 freestyle...district champion and regional runner-up in 500 freestyle...**Senior** swam on 200 medley relay and 400 free relay at 5A state meet receiving All-American honors in both.

PERSONAL

Born Feb. 27, 1989 in Houston, Texas...parents John, vice president of Valero, and Susan...older sister Regina Roach is a vet student at Texas A&M...also swam for San Antonio WAVE under coach Matt Bos...enjoys spending time with friends and family, reading and playing with her American Eskimo dog, Rooney.

KEARA SHEAHAN



Sophomore
Freestyle, Butterfly
Spokane, Wash.
Thomas Dale '06

WSU CAREER

Freshman (2006-07): Set three personal best times at the Pac-10 Championships...swam a time of 25.40 in the 50 freestyle at the Pac-10 Championships...also finished with a time of 58.46 in the 100 butterfly and 55.29 in the 100 freestyle...voted "Most Improved" by teammates at the end of the season.

HIGH SCHOOL/CLUB CAREER

Swam for the Virginia Association for Competitive Swimming and coach Boris Rybatsky from 1997-2005...was a YMCA Nationals Qualifier as a **Freshman**...recipient of the Silver Points Award and the Virginia Swimming Achievement of Excellence honor...in her **Sophomore** year, qualified for the YMCA Nationals...received Silver Points Award and Virginia Swimming Achievement of Excellence honor for second consecutive year...Virginia Zone Team Qualifier as a **Junior**...qualified for the YMCA Nationals for the third consecutive year...recipient of the Bronze Points Award and the Virginia Swimming Achievement of Excellence award...swam for the SwimQuest Swim Team and head coach Dudley Duncan as a **Senior**...recipient of the Swim-Quest Academic Award and the Bronze Points Award.

PERSONAL

Born March 20, 1988 in Willingsboro, N.J...parents Daniel and Bridget Sheahan...brother Sam and sister Molly...graduated from Thomas Dale High School ranked 15th out of 415 students with a GPA of 3.7...historian of National Honor Society...member of German Honor Society...staff writer for Thomas Dale's school newspaper The Knightly News...Calculus Student of the Year...enjoys spending time with family and friends, and taking long walks by the moonlight...will pursue a degree in basic medical science with an emphasis in pre-pharmacy and a minor in mathematics at WSU.

WSU BEST TIMES

EVENT	TIME	MEET	DATE
100 Butterfly	58.46	Pac-10 Championships	2/16/07
50 Freestyle	25.40	Pac-10 Championships	2/17/07
100 Freestyle	55.29	Pac-10 Championships	2/15/07

TALOR WHITAKER



Freshman
Freestyle, Butterfly, IM
Chesterton, Ind.
Chesterton '07

HIGH SCHOOL/CLUB CAREER

Named to Duneland Athletic Conference All-Conference team for three straight years...**Sophomore** member of state champion 200 freestyle relay and high school squad finished sixth in the team race...**Junior** 100 freestyle state champion...placed eighth in 200 IM...member of 200 and 400 freestyle relay state champion teams...Junior National qualifier as well as U.S. Open qualifier...set four school records.

PERSONAL

Born Oct. 19, 1988 in Indianapolis...parents Steve, who swam competitively at Wabash College, and Lisa, who competed for Ball State's swim team...dad is vice president of a graphing company...mom is a swim club coach and homemaker...brothers Kyle, Aaron and Ethan...Kyle will be joining Australia's national junior team...coached and was a lifeguard for the Masters Swim program...earned 3.6 prep GPA...lists pink as her favorite color...plans to major in communications with an emphasis in broadcast media/news.





Idaho

Friday, Sept. 28 @ 5 p.m.
Pullman, Wash.
Saturday, Feb. 9 @ 11 a.m.
Moscow, Idaho

Location Moscow, Idaho
Nickname Vandals
Conference Western Athletic
Head Coach Tom Jager (4th season)
Assistant Coach Dan Lawson
2006 Record 9-9
Home Facility (Capacity) .. UI Swim Center (500)
Swim Contact Mark Morgan
Phone (208) 885-0243
Fax (208) 885-0255
Email mmorgan@vandals.uidaho.edu
Web site www.govandals.com
Series Record WSU leads 12-5-0



San Jose State

Friday, Oct. 27 @ 5 p.m.
San Jose, Calif.

Location San Jose, Calif.
Nickname Spartans
Conference Western Athletic
Head Coach Sage Hopkins (2nd Season)
Assistant Coach Ashley Vrieze
Diving Coach Brian Tanner
Volunteer Assistant Coach Chris Michelmore
2006 Record 2-8
Home Facility (Capacity) The Aquatics Center
(250)
Swim Contact Doga Gur
Phone (408) 924-1211
Fax (408) 924-1291
Email doga.gur@sjsu.edu
Web site www.sjsuspartans.com
Series Record WSU leads 13-2-0



Northern Arizona

Friday, Nov. 16 @ 2 p.m.
Flagstaff, Ariz.

Location Flagstaff, Ariz.
Nickname Lumberjacks
Conference Big Sky
Head Coach Andy Johns (12th season)
Assistant Coaches TBA
2006 Record 6-6
Home Facility (Capacity) Wall Aquatic Center
(350)
Swim Contact Karen Auerbach
Phone (928) 523-6330
Fax (928) 523-6793
Email Karen.auerbach@nau.edu
Website www.nauathletics.com
Series Record Tied 1-1-0



Arizona State

Saturday, Nov. 17 @ 11 a.m.
Tempe, Ariz.

Location Tempe, Ariz.
Nickname Sun Devils
Conference Pacific-10
Head Swimming Coach Michael Chasson
(10th season)
Head Diving Coach Mark Bradshaw
(12th season)
Associate Head Coach Annemarie Miskovic
Assistant Coaches Simon Percy, Kyle Schack
2006 Record 4-6
Home Facility (Capacity) Mona Plummer Aquatic
Center (2,000)
Swim Contact Jen Jaekels
Phone (480) 965-9544
Fax (480) 965-5408
Email Jennifer.jaekels@asu.edu
Web site www.thesundevils.com
Series Record First Meeting



Oregon State

Friday, Feb. 1 @ 5 p.m.
Pullman, Wash.

Location Corvallis, Ore.
Nickname Beavers
Conference Pacific-10
Head Coach Larry Liebowitz (5th Season)
Assistant Coach Magdalena Rhode
2006 Record 8-8
Home Facility (Capacity) Stevens Natatorium
(200)/Osburn Aquatic Center (1,200)
Swim Contact Hank Hager
Phone (541) 737-3720
Fax (541) 737-3072
Email hank.hager@oregonstate.edu
Web site www.osubeavers.com
Series Record WSU leads 27-16-0



Washington

Saturday, Feb. 16 @ 11 a.m.
Seattle, Wash.

Location: Seattle, Wash.
Nickname: Huskies
Conference Pacific-10
Head Coach Whitney Hite (2nd Season)
Assistant Coaches Brendon Bray,
Tommy Hannan, Helen Rychecky
Volunteer Assistant Coach Sean Hutchinson
2006 Record 3-3
Home Facilities (Capacity)
Husky Pool (1,000), Weyerhaeuser King County
Aquatics Center (2,500)
Swim Contact Misty Tucci
Phone (206) 685-3119
Fax (206) 543-5000
Email mistyrc@u.washington.edu
Web site www.GoHuskies.com
Series Record Washington leads 25-3-1



Conference Ideals

Value and dignity of higher education.

Honor and reputation of the institution.

Worth of your opponent.

Lessons of participation in victory and defeat.

Rules of the contest and integrity of the officials.

History and tradition of the sport.

Enjoyment, moral values and safety of the spectators.

Importance of fairness and ethical behavior in sports.

Joy of high-quality competition and the privilege to play.



Entering the 2007-08 season, the Pacific-10 Conference continues to uphold its tradition as the "Conference of Champions."® Pac-10 members have claimed an incredible 146 NCAA team titles over the past 17 seasons, for an average of more than eight championships per academic year.

Even more impressive is the breadth of the Pac-10's success, as those 146 team titles have come in 24 different men's and women's sports. The Pac-10 has led the nation in NCAA Championships 41 of the last 47 years and finished second five times.

Spanning nearly a century of outstanding athletics achievement, the Pac-10 has captured 359 NCAA titles (254 men's, 105 women's), far outdistancing the runner-up Big Ten Conference's 212 titles.

The Conference's reputation is further proven in the annual United States Sports Academy Directors' Cup competition, the prestigious award that honors the best overall collegiate athletics programs in the country. STANFORD continued its remarkable run in the 2006-07 season, winning its 13th consecutive Directors' Cup. In the 2006-07 competition, seven of the Top-30 Division I programs were Pac-10 members: No. 1 STANFORD, No. 2 UCLA, No. 5 USC, No. 9 CALIFORNIA, No. 10 ARIZONA STATE, No. 24 ARIZONA and No. 29 WASHINGTON. The Pac-10 landed five programs in the Top-10, two more than the second-place SEC (2).

The Pac-10 captured eight NCAA titles in 2006-07 to lead the nation. It should be noted that the Pac-10 total does not include CALIFORNIA's national championship in men's rugby or WASHINGTON's national championship in men's crew, as they are not counted as NCAA titles. The Pac-10 led the nation with the most NCAA titles in women's sports with five.

NCAA team champions from the Pac-10 in 2006-07 came from ARIZONA (softball), ARIZONA STATE (women's indoor track & field and women's outdoor track & field), CALIFORNIA (men's water polo), OREGON STATE (baseball), STANFORD (women's cross country and men's golf) and UCLA (women's water polo). The Pac-10 also had runners-up in seven NCAA Championship events: men's soccer (UCLA), women's volleyball (STANFORD), men's water polo (USC), women's water polo (STANFORD), men's swimming (STANFORD), women's swimming (ARIZONA) and women's tennis (UCLA). Overall, the Conference had 32 teams finish in the top four at NCAA Championship events.

Participation in the postseason was a common occurrence for the Conference in 2006-07. Of the 22 sports sponsored by the Pac-10, 19 witnessed at least half its teams participating in NCAA or other postseason action. The men sent 62 of a possible 90 teams into the postseason (68.1 percent), while the women sent 74 of a possible 100 teams (74.0 percent).

The Pac-10 experienced continued success in football as the league sent six teams to bowl games. USC and CALIFORNIA were named co-Pac-10 Champions with identical 7-2 league records. The Trojans capped their season with a 32-18 win over Michigan in the Rose Bowl. Overall, the Pac-10 went 3-3 in postseason bowl games with ARIZONA STATE, CALIFORNIA, OREGON, OREGON STATE and UCLA also earning bowl appearances. USC, CALIFORNIA and OREGON STATE found themselves ranked in the Top-25 in the nation at the conclusion of the season, finishing fourth, 14th and 21st respectively (Associated Press).

The Pac-10 was the premier basketball conference this season, as it sent six teams to the NCAA Men's Basketball Championship. UCLA advanced to the Final Four, falling just short to Florida in the semifinals. The Bruins captured the Pac-10 regular season championship, while OREGON earned the Pacific Life Pac-10 Tournament crown. On the women's side, four teams competed in the NCAA Tournament. ARIZONA STATE reached the Elite Eight for the first time in school history, while STANFORD claimed the 2006-07 regular season title and the State Farm Pac-10 Tournament Trophy.

The Conference continued its dominance in softball as all eight teams earned trips to NCAA regional play, the most out of any conference in the nation. ARIZONA claimed its eighth national title, and second in as many years, in a three-game championship series against Tennessee. It marked the 19th national championship by a Pac-10 team since 1982. With a 15-5-1 Conference record, ARIZONA picked up the 2007 Pac-10 crown, while earning the overall No. 1 seed in the NCAA Division I Softball Championship. OREGON STATE claimed the 2007 NCAA Division I Baseball Championship, becoming the first team in a decade to repeat as College World Series champion. The Beavers won all five of their CWS games, including a sweep of North Carolina in the best-of-three finals, and trailed for only one of 45 innings they played in Omaha.

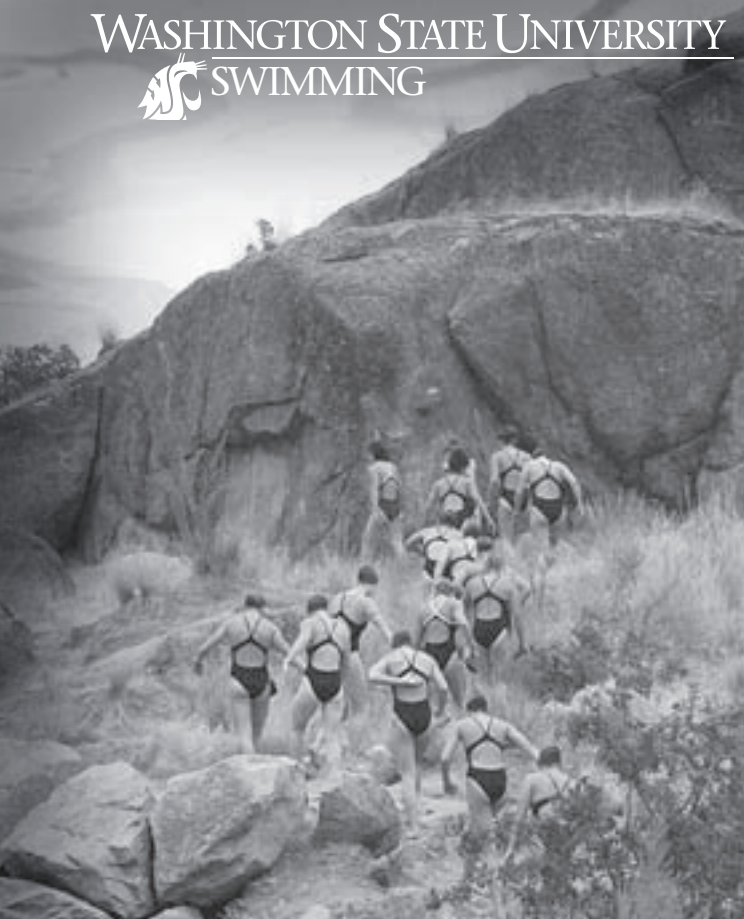
The Conference also swept NCAA men's and women's water polo honors. CALIFORNIA captured the men's title, while UCLA garnered the women's hardware, claiming the school's 100th NCAA team championship and becoming the first athletics program in the nation to reach the century mark. The ARIZONA STATE women claimed both indoor and outdoor track & field NCAA titles. The feat marked just the 13th time in NCAA women's history that a team has won both the indoor and outdoor team titles in the same year. STANFORD picked up two national championships, securing the men's golf title, as well as the women's cross country crown, its second in as many years.

On the men's side, Pac-10 members have won 254 NCAA team championships, far ahead of the 195 claimed by the runner-up Big Ten. Men's NCAA crowns have come at a phenomenal rate for the Pac-10 - 15 basketball titles by five schools (more than any other conference), 49 tennis titles, 45 outdoor track and field crowns, and 26 baseball titles. Pac-10 members have won 25 of the last 38 NCAA titles in volleyball, 33 of the last 48 in water polo, and 20 total swimming and diving national championships.

Individually, the Conference has produced an impressive number of NCAA men's individual champions as well, claiming 1,146 NCAA individual crowns.

On the women's side, the story is much the same. Since the NCAA began conducting women's championships 26 years ago, Pac-10 members have claimed at least four national titles in a single season on 18 occasions. Overall, the Pac-10 has captured 105 NCAA women's crowns, easily outdistancing the SEC, which is second with 70. Pac-10 members have dominated a number of sports, winning 19 softball titles, 17 tennis crowns, 11 of the last 17 volleyball titles, 11 of the last 18 trophies in golf and eight in swimming and diving.

Pac-10 women athletes shine nationally on an individual basis as well, having captured an unmatched 488 NCAA individual titles, an average of more than 18 champions per season.



Each fall, the Washington State swim team journeys out to Granite Point for its annual dip in the Snake River. The Snake River Challenge has been an annual Cougar tradition for over 10 years.

"This is a demanding event," said WSU Head Coach Erica Quam. "It is a great way to start our training and the team knows it comes early in the fall so it pushes them to come back fit and ready for the challenge."

Each Labor Day, the WSU swim squad starts its 2.2-mile swim at Granite Point and makes its way up to the WSU Boathouse before running the 2.2 miles back to Granite Point. The swimmers compete against each other for the fastest swim time, fastest run time and fastest overall time.

The 2007 Snake River Challenge was won by senior Kenzie Reiter in a time of 60:51. Freshman Sierra Burton won the swim portion in 44:40 and Reiter clocked in with the fastest time (15:46) in the run.

"This event always seems to draw our group closer together, knowing they all battled through the challenge together," said Quam. "It really sets the stage for the rest of the year."



Cougar Women's Athletics Show Strength at Conference and National Levels

In 2006-07, Washington State University women student-athletes enjoyed success in and out of the classroom. **Erin McCleave** (swimming) earned All-American honors in the 200-meter and 1650-meter freestyle, **Diana** and **Julie Pickler** both achieved All-American status (indoor track) in the pentathlon, and **Julie Pickler** and **McKenzie Garberg** (outdoor track) garnered All-American certificates in the heptathlon and discus, respectively. Rowing's **Sarah Waterfield** was named All-Pacific-10 First Team.

Academically, Washington State women earned 77 all-conference selections, including 20 first team awards. In addition, **Kate Benz** (women's basketball first team), **Carey Homan** (at-large first team) and **Brooke Bemis** (soccer third team) were honored as all-district VIII selections by CoSIDA/ESPN The Magazine. **Homan** and teammates **Becca Gibson**, **Tiana Rodriguez** and **Catherine Watt** were named Collegiate Rowing Coaches Association National Scholar-Athletes and **Diana Hong** was selected National Golf Coaches Association First Team.



Kelly Rosin

Kelly Rosin became the ninth Cougar to reach 1,000 kills in volleyball and finished her career ranked fifth on the Washington State all-time list with 1,113. Freshman libero **Kelly Hyder** set a single-season school record for digs with 565.



Haley Paul

Haley Paul and **Sara Trane**

earned All-Pacific-10 Academic First Team selections in cross country and four others were named honorable mention.



Brynn Bemis

The Cougar soccer team tied a school record with 10 shutouts and set the standard for fewest goals allowed in a season at 15. **Brynn Bemis** tallied seven shutouts in net and the team posted its third consecutive winning season under head coach **Matt Potter**.

Benz finished her women's basketball career

as Washington State's career leader in rebounds with 899 and added 1,000 points to become the 11th Cougar to reach the plateau.



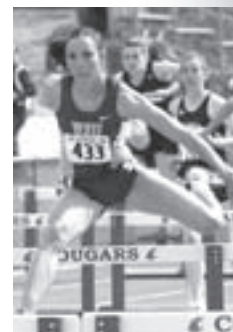
Kate Benz



Erin McCleave

McCleave became the second Cougar swimmer to earn All-American status multiple times in her career. Her efforts placed Washington State 34th at the NCAA Championships. She set five school and five Gibb Pool records during the season.

The **Pickler** sisters not only earned All-American certificates in indoor track, but they carried Washington State to a tie for 27th place at the NCAA Indoor Track & Field Championships. At the NCAA Outdoor Track & Field Championships, **Julie Pickler** placed second in the heptathlon with 5,831 points, the third highest total in Washington State history. **Garberg's** first All-American honor helped the Cougars tie for 27th place.



Julie Pickler



Amy Eneroth

The Cougar women's golf team earned a NCAA regional bid for the sixth straight season and was within six shots of qualifying for the NCAA Championships. **Amy Eneroth** posted a 74.8 stroke average, the fourth best in school history.

The 14 wins posted by the Washington State women's tennis team were the most in head coach **Lisa Hart's** four-year tenure. **Marjolein van de Ven** won 24 matches to tie for fourth on the Washington State single-season list and she became the fourth Cougar to post back-to-back 20-win seasons.



Sarah Waterfield

Led by **Waterfield**, the Washington State women's rowing varsity eight boat was ranked as high as eighth nationally and the Cougars defeated Washington for the third straight time and the fourth time in school history.



Marjolein van de Ven





WASHINGTON STATE UNIVERSITY RECORDS

<i>Event</i>	<i>Time</i>	<i>Record Holder</i>	<i>Date</i>
50 Freestyle	23.26	Taryn Ternent	2/22/01
100 Freestyle	50.09	Erin McCleave	2/17/07
200 Freestyle	1:46.70	Erin McCleave	3/9/07
500 Freestyle	4:43.46	Erin McCleave	2/15/07
1000 Freestyle	9:47.19	Erin McCleave	3/10/07
1650 Freestyle	16:13.20	Erin McCleave	3/10/07
100 Backstroke	56.34	Andree-Anne LeRoy	11/30/01
200 Backstroke	1:59.64	Andree-Anne LeRoy	12/01/01
100 Breaststroke	1:02.19	Erin Eldridge	2/26/99
200 Breaststroke	2:13.54	Erin Eldridge	2/27/99
100 Butterfly	53.75	Lindsay Henahan	2/28/03
200 Butterfly	2:00.36	Melissa Hubley	2/24/01
200 IM	2:02.74	Andree-Anne LeRoy	11/29/01
400 IM	4:21.31	Kayli Changstrom	2/16/07
200 Free Relay	1:32.82	Ternent, Dong, Henahan, LeRoy	11/29/01
400 Free Relay	3:23.27	LeRoy, Hubley, Dong, Ternent	12/01/01
800 Free Relay	7:25.31	Copland, McCleave, MacLeod , Changstrom	2/22/06
200 Medley Relay	1:42.33	Chinn, Dong, Henahan, Ternent	11/30/01
400 Medley Relay	3:45.36	Pickett, Peterson, Ahlin, McCleave	2/17/07

GIBB POOL RECORDS

<i>Event</i>	<i>Time</i>	<i>Record Holder</i>	<i>Year</i>
50 Freestyle	23.23	Sun, Nevada	2000
100 Freestyle	50.81	McCleave, Washington State	2006
200 Freestyle	1:49.75	McCleave, Washington State	2006
500 Freestyle	4:53.49	McCleave, Washington State	2006
1000 Freestyle	10:04.40	McCleave, Washington State	2006
1650 Freestyle	16:49.79	McCleave, Washington State	2007
100 Backstroke	56.94	Pacebutaite, Oregon State	2004
200 Backstroke	2:02.56	Elliot, Colorado State	1994
100 Breaststroke	1:02.56	Steven, Oregon State	2004
200 Breaststroke	2:14.38	Steven, Oregon State	2004
100 Butterfly	55.60	Henahan, Washington State	2002
200 Butterfly	1:57.48	Liu, Nevada	2000
200 IM	2:05.91	Blachford, Florida State	1998
400 IM	4:28.74	Changstrom, Washington State	2005
200 Free Relay	1:37.01	Oregon State	2004
400 Free Relay	3:29.19	Washington State	2002
800 Free Relay	7:42.86	Washington State	2004
200 Medley Relay	1:45.31	Washington State	2006
400 Medley Relay	3:48.66	Washington	2004

Team Sponsor



50 FREESTYLE

1. Taryn Ternent (2/22/01)	23.26
2. Lindsay Henahan (2/27/03)	23.48
3. Rachel Dong (2/22/01)	23.51
4. Erin McCleave (11/30/06)	23.57
5. Katie Keller (2/26/98 & 2/25/99)	23.59
6. Elyse Peterson (11/18/05)	23.70
7. Jessica Adolphson (12/7/90)	23.95
8. Jamie MacLeod (2/23/06)	23.96
9. Jessica Chisholm (2/26/98)	24.02
10. Sara Schmied (2/28/02)	24.02

100 FREESTYLE

1. Erin McCleave (2/17/07)	50.09
2. Taryn Ternent (12/1/01)	50.44
3. Katie Keller (2/28/98)	50.85
4. Lindsay Henahan (3/1/03)	51.03
5. Andree Anne LeRoy (12/1/01)	51.16
6. Jamie MacLeod (11/20/05)	51.95
7. Rachel Dong (2/24/01)	52.09
8. Katie Van Horne (11/20/05)	52.39
9. Jessica Adolphson (2/26/94)	52.48
10. Sara Schmied (3/2/02)	52.71

200 FREESTYLE

1. Erin McCleave (3/9/07)	1:46.70
2. Katie Keller (2/25/99)	1:50.49
3. Becca Cohen (3/1/02)	1:50.60
4. Sasha Taylor (11/30/01)	1:50.83
5. Andree Anne LeRoy (11/30/01)	1:51.27
6. Jane Copland (2/23/05)	1:52.00
7. Melissa Hubley (11/30/01)	1:52.30
8. Kayli Changstrom (11/19/05)	1:52.48
9. Lina Daugvilaite (11/19/05)	1:52.57
10. Jamie MacLeod (2/24/06)	1:52.69

500 FREESTYLE

1. Erin McCleave (2/15/07)	4:43.46
2. Kayli Changstrom (2/15/07)	4:53.14
3. Becca Cohen (2/28/02)	4:53.53
4. Beth Platte (2/27/86)	4:57.66
5. Jadine Louw (11/29/01)	4:58.75
6. Lina Daugvilaite (2/24/05)	4:59.11
7. Sasha Taylor (11/29/01)	4:59.22
8. Semah Zavareh (11/29/01)	5:00.61
9. Jill Olson (11/29/01)	5:01.09
10. Laurie Gregg (12/3/04)	5:01.19

1000 FREESTYLE

1. Erin McCleave (3/10/07)	9:47.19
2. Jill Olson (12/1/01)	10:12.96
3. Becca Cohen (3/2/02)	10:13.76
4. Shelly Hart (2/9/92)	10:14.00
5. Kayli Changstrom (11/11/05)	10:15.49
6. Nikki Hudson (12/2/94)	10:21.29
7. Semah Zavareh (11/16/02)	10:21.85
8. Lina Daugvilaite (2/26/05)	10:21.95
9. Kenzie Reiter (2/25/06)	10:25.53
10. Beth Platte (1/16/87)	10:26.17

1650 FREESTYLE

1. Erin McCleave (3/10/07)	16:13.20
2. Becca Cohen (3/2/02)	16:55.99
3. Jill Olson (12/1/01)	16:56.31
4. Shelly Hart (2/9/92)	16:58.17
5. Kayli Changstrom (2/26/05)	17:01.47
6. Lina Daugvilaite (11/20/05)	17:07.61

7. Kenzie Reiter (2/25/06)

8. Jadine Louw (12/1/01)	17:20.23
9. Laurie Gregg (2/25/06)	17:23.07
10. Semah Zavareh (2/24/01)	17:23.14

100 BUTTERFLY

1. Lindsay Henahan (2/28/03)	53.75
2. Rachel Dong (11/30/01)	54.75
3. Melissa Hubley (11/30/01)	55.13
4. Michaela Ahlin (2/16/07)	55.58
5. Bryn Mooney (11/30/06)	55.85
6. Erica Dunn (3/1/93)	56.58
7. Rachelle Carano (2/22/01)	56.75
8. Nicole Chinn (3/1/02)	56.92
9. Lindsay Backhouse (2/27/04)	57.34
10. Natascha Renfro (2/28/03)	57.63

200 BUTTERFLY

1. Melissa Hubley (2/24/01)	2:00.36
2. Michaela Ahlin (2/17/07)	2:02.21
3. Kayli Changstrom (10/7/05)	2:03.73
4. Bryn Mooney (12/5/04)	2:03.88
5. Lindsay Henahan (10/19/02)	2:05.21
6. Kelly Kocur (3/2/91)	2:05.36
7. Erica Dunn (2/25/95)	2:05.84
8. Rachelle Carano (12/3/00)	2:06.17
9. Taunya Locking (2/9/92)	2:06.30
10. Tamie Stewart (2/26/82)	2:06.91

100 BACKSTROKE

1. Andree Anne LeRoy (11/30/01)	56.34
2. Afton Pickett (11/19/05)	56.67
3. Katie Byrnes (11/30/01)	56.74
4. Erin McCleave (11/18/05)	56.86
5. Nicole Chinn (3/1/02)	57.01
6. Taryn Ternent (11/30/01)	57.05
7. Kelley Miedema (2/25/00)	57.06
8. Anna Hohmann (2/26/99)	57.14
9. Sasha Taylor (3/3/02)	58.05
10. Mindy Griffiths (2/27/98)	58.24

200 BACKSTROKE

1. Andree Anne LeRoy (12/1/01)	1:59.64
2. Afton Pickett (11/20/05)	2:01.17
3. Katie Byrnes (12/1/01)	2:01.23
4. Kelley Miedema (2/26/00)	2:01.82
5. Sasha Taylor (3/2/02)	2:02.19
6. Anna Hohmann (2/27/99)	2:02.83
7. Rachel Hawley (2/26/94)	2:03.76
8. Jennifer Larson (3/2/94)	2:04.96
9. Erin McCleave (10/14/05)	2:05.09
10. Lindsay Backhouse (2/28/04)	2:05.26

100 BREASTSTROKE

1. Erin Eldridge (2/26/99)	1:02.19
2. Elyse Peterson (2/17/07)	1:03.37
3. Rachel Dong (11/30/01)	1:03.54
4. Monika Povilonyte (2/25/05)	1:03.71
5. Jane Copland (2/25/05)	1:04.15
6. Kenzie Reiter (2/25/05)	1:04.41
7. Shawna Keller (2/17/07)	1:05.23
8. Jessica Chisholm (2/26/99)	1:05.40
9. Katie Leidel (2/26/99)	1:05.55
10. Jessica Adolphson (2/25/94)	1:05.79

Bold indicates current team member

200 BREASTSTROKE

1. Erin Eldridge (2/27/99)	2:13.54
2. Jane Copland (11/20/05)	2:14.92
3. Monika Povilonyte (2/26/05)	2:16.53
4. Elyse Peterson (2/17/07)	2:17.00
5. Kenzie Reiter (2/26/05)	2:18.40
6. Shawna Keller (2/17/07)	2:19.61
7. Rachel Dong (12/1/01)	2:20.09
8. Katie Leidel (2/27/99)	2:22.04
9. Linda Dobbels (2/09/92)	2:22.57
10. Shawna Pentland (2/2/95)	2:22.68

200 INDIVIDUAL MEDLEY

1. Andree Anne LeRoy (11/29/01)	2:02.74
2. Jane Copland (2/23/06)	2:03.96
3. Shawna Keller (2/15/07)	2:03.97
4. Kenzie Reiter (2/24/05)	2:05.62
5. Afton Pickett (2/23/06)	2:06.44
6. Rachel Dong (12/29/01)	2:06.55
7. Kayli Changstrom (12/03/04)	2:06.76
8. Kelley Miedema (2/26/98)	2:06.85
9. Rachelle Carano (2/24/00)	2:06.87
10. Nicole Chinn (11/29/01)	2:07.01

400 INDIVIDUAL MEDLEY

1. Kayli Changstrom (2/16/07)	4:21.31
2. Andree Anne LeRoy (11/30/01)	4:21.67
3. Kelley Miedema (2/26/99)	4:27.29
4. Kenzie Reiter (12/4/04)	4:27.41
5. Laurie Gregg (12/4/04)	4:30.04
6. Jane Copland (10/28/05)	4:30.36
7. Jill Glatt (2/25/94)	4:30.38
8. Maegan Wood (2/25/05)	4:30.70
9. Rachelle Carano (2/25/00)	4:31.24
10. Katie Byrnes (11/30/01)	4:32.15

200 FREESTYLE RELAY

Taryn Ternent (23.63)	1:32.82
Rachel Dong (23.09)	12/2001
Lindsay Henahan (23.00)	
Andree Anne LeRoy (23.10)	

400 FREESTYLE RELAY

Andree Anne LeRoy (51.16)	3:23.27
Melissa Hubley (51.13)	12/2001
Rachel Dong (50.75)	
Taryn Ternent (50.23)	

800 FREESTYLE RELAY

Jane Copland (1:52.38)	7:25.31
Erin McCleave (1:47.86)	2/2006
Jamie MacLeod (1:52.86)	
Kayli Changstrom (1:52.21)	

200 MEDLEY RELAY

Nicole Chinn (26.30)	1:42.33
Rachel Dong (28.93)	12/2001
Lindsay Henahan (24.43)	
Taryn Ternent (22.67)	

400 MEDLEY RELAY

Afton Pickett (57.47)	3:45.36
Elyse Peterson (1:03.07)	2/2007
Michaela Ahlin (55.24)	
Erin McCleave (49.58)	

College Swimming Coaches Association of America (CSCAA)

Term	National Rank	GPA
Spring 2007	48th	3.31
Fall 2006	T-15th	3.38
Spring 2006	14th	3.48
Fall 2005	T 5th	3.46
Spring 2005	3rd	3.57
Fall 2004	3rd	3.54
Spring 2004	1st	3.66
Fall 2003	4th	3.48
Spring 2003	3rd	3.50
Fall 2002	2nd	3.53
Spring 2002	35th	3.25
Fall 2001	30th	3.16
Spring 2001	24th	3.20
Fall 2000	13th	3.32
Spring 2000	15th	3.30
Fall 1999	3rd	3.39
Spring 1999	7th	3.35
Fall 1998	2nd	3.38



Pac-10 All-Academic Team History

First Team:

2007:	Lindsay Backhouse, 3.89, Human Nutrition and Food Danielle Berish, 3.72, Communications Erin McCleave, 3.71, Biology Katie VanHorne, 3.79, Medical Sciences
2006:	Lindsay Backhouse, 3.87, Human Nutrition & Food Karen Eldred, 3.93, Spanish Education Andrea Lubeck, 3.98, Zoology Erin McCleave, 3.74, Biology Bryn Mooney, 3.92, Undeclared Sarah Reichwald, 3.89, International Studies Katie Van Horne, 3.82, Medical Sciences
2005:	Lindsay Backhouse, 3.93, Human Nutrition & Food Karen Eldred, 3.88, Spanish Education Lisa Irwin, 3.81, Pre-Med (Zoology) Andrea Lubeck, 3.98, Pre-Med (Zoology) Katie Van Horne, 3.88, General Biology
2004:	Theresa Dunn, 3.80, Business Administration/Finance Andrea Lubeck, 3.97, Undeclared Sasha Taylor, 3.71, Biology Education
2003:	Theresa Dunn, 3.84, Business Administration/Finance Jill Olson, 3.68, Accounting Information Systems Sasha Taylor, 3.60, Biology Education
2002:	Theresa Dunn, 3.94, Pre-Law Jill Olson, 3.74, Accounting
2001:	Jill Olson, 3.85, Accounting
2000:	Kelley Miedema, 3.42, Pre-Med (Zoology) Eli Schmied, 3.69, Pre-Med (Zoology)
1998:	Tammy Coulter, 3.47, Pre-Med (Biology)

Second Team:

2007:	Kayli Changstrom, 3.63, Sport Management Jamie MacLeod, 3.67, Microbiology Bryn Mooney, 3.69, Undeclared
2006:	Larissa Barth, 3.80, Undeclared Danielle Berish, 3.83, Undeclared

	Kayli Changstrom, 3.64, Sport Management Jane Copland, 3.59, English Beth, Newhouse, 3.59, Neuroscience
2005:	Kayli Changstrom, 3.60, Undeclared Erin McCleave, 3.79, Undeclared
2004:	Karen Eldred, 3.85, Undeclared Lisa Irwin, 3.78, Zoology
2003:	Lisa Irwin, 3.73, Undeclared
2002:	Katie Byrnes, 3.74, Undeclared Rachel Dong, 3.59, Movement Studies Melissa Hubley, 3.40, Sociology
2001:	Melissa Hubley, 3.40, Psychology
2000:	Gretchen Chambers, 3.32, Psychology
1999:	Anna Hohmann, 3.26, Accounting Julie Thom, 3.62, Kinesiology
1998:	Julie Thom, 3.62, Kinesiology

Honorable Mention:

2007:	Elyse Peterson, Afton Pickett, Monika Povilonyte
2006:	Emily Chandler, Laurie Gregg, Kelly O'Neill, Monika Povilonyte
2005:	Emily Chandler, Jane Copland, Laurie Gregg, Sheena Mills, Beth Newhouse, Monika Povilonyte, Candace Rodda
2004:	Nicole Chinn, Jane Copland, Sheena Mills, Lesley Ouellette
2003:	Nicole Chinn, Rebecca Cohen, Lindsay Henahan, Sara Schmied
2002:	Nicole Chinn, Rebecca Cohen, Sara Schmied, Sasha Taylor
2001:	Carrie Breed, Rachelle Carano, Rebecca Cohen, Lindsay Henahan, Sara Schmied
2000:	Suzie Muirhead
1999:	Carrie Breed, Gretchen Chambers, Jessica Chisholm, Wendy Enderle, Sarah Ewan, Katie Keller, Kelley Miedema
1998:	Gretchen Chambers, Jessica Chisholm, Wendy Enderle, Liz Hohaia, Anna Hohmann, Kelley Miedema, Aimee Walters

CSCAA Academic All-American

2006:	Jane Copland (3.83) Erin McCleave (3.65)
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Honorable Mention

2006:	Kayli Changstrom (3.75) Monika Povilonyte (3.54)
2005:	Kayli Changstrom (3.66) Jane Copland (3.51) Erin McCleave (3.78)

NCAA All-American

2007:	Erin McCleave, 1650 freestyle, 200 freestyle
2006:	Erin McCleave, 1650 Freestyle
2003:	Lindsay Henahan, 100 Butterfly
2000:	Erin Eldridge, 100 Breaststroke
1999:	Erin Eldridge, 100 & 200 Breaststroke

2006-2007 Cougar Swimming Awards

Most Outstanding:	Erin McCleave
Most Improved:	Keara Sheahan
Strength & Conditioning:	Kayli Changstrom
Academic:	Lindsay Backhouse
Cougar:	Maya Dill

Glenn Kranc Academic Award

Spring 2004:	3.66 Team GPA
Spring 2003:	3.50 Team GPA
Fall 2002:	3.53 Team GPA

cougar head coaches

FOOTBALL



Bill Doba, 5th Year

Bill Doba's 19-year WSU career, the last five as head coach, includes six bowl game appearances, among them two Rose Bowl games. The former WSU defensive coordinator took over the program in 2003 and directed the Cougars to a 10-win season and a victory over Texas in the Holiday Bowl.

VOLLEYBALL



Brian Heffernan, 4th Year

Heffernan came to WSU after assisting Minnesota's program to four NCAA appearances. During his three seasons at WSU, the Cougars have led the conference and been eighth nationally in blocking statistics and four members of his recruiting classes have been selected for conference all-freshman team honors.

SOCCER



Matt Potter, 5th Year

Matt Potter, in his fifth season, is coming off a 9-7-4 year, his third straight winning season. The Cougars just missed the NCAA tournament last year with a squad that had just two seniors. This year's club will be built around a solid senior class and a group of sophomores ranked 37th nationally by Soccer Buzz magazine a year ago as freshmen.

CROSS COUNTRY



Jason Drake, 4th Year

Jason Drake has been a member of WSU's coaching staff for six years, the last four as head coach of the men's and women's cross country teams. Last year WSU's men's team finished 29th at the NCAA Championships and this year returns the bulk of that squad. All-American distance runner Haley Paul, returns for her senior year.

SWIMMING



Erica Quam, 6th Year

Erica Quam continues to take women's swimming to new heights at WSU. The six-year head coach guided WSU to 34th at the NCAA Championships last year and senior Erin McCleave became just the second WSU swimmer to earn All-America honors multiple times. She finished tenth and 14th in the 1650 and 200 freestyle events.

MEN'S BASKETBALL



Tony Bennett, 2nd Year

In his first season as head coach, Tony Bennett guided WSU into the second round of the NCAA tournament and a second place finish in the Pac-10. It was WSU's first NCAA appearance since 1994 and the 26 wins equaled the school record. Bennett became the most decorated coach in Pac-10 history with nine national coach-of-the-year honors.

WOMEN'S BASKETBALL



June Daugherty, 1st Year

June Daugherty, in her first season as WSU's head coach, brings to the program and wealth of experience and success in the Pacific-10 Conference. During her career she has taken two teams to the NCAA tournament seven times, plus three WNIT appearances, in the span of 18 years. The former All-American player was national coach of the year finalist in 2003.

GOLF



Walt Williams, 10th Year

Since taking over the WSU men's and women's programs in 1998 Walt Williams' golf teams have re-written the Cougar record book and crowned two All-Americans. Both teams have competed in the NCAA West Regionals, the women for seven straight seasons. Williams is the winningest golf coach in the school's history with 22 team titles.

TENNIS



Lisa Hart, 5th Year

The Cougar tennis program, under the direction of fifth-year head coach Lisa Hart, has been nationally ranked each of the last four seasons and has recorded 14 wins each of the last two years, resulting in back-to-back winning campaigns. The 2008 team will be led by senior Ekaterina Burduli, an NCAA Championship qualifier in the 2006 singles competition.

BASEBALL



Don Marbut, 4th Year

Don Marbut, in his fourth year as WSU's head coach and fifth with the program, has guided the Cougars to back-to-back winning seasons for the first time since the 1993-94 campaigns and in his three previous years as head coach has won 85 games, the most ever in WSU history in the first three years of a coaches tenure.

ROWING



Jane LaRiviere, 6th Year

The Cougars have earned three NCAA bids in Jane LaRiviere's previous five seasons. Her 2006 season was the best in program history, with WSU placing second at the Pacific-10 Conference Championships and then fourth at the NCAA Championships. WSU's success earned her Pac-10 and CRCA West Regional coach-of-the-year honors.

TRACK & FIELD



Rick Sloan, 14th Year

Rick Sloan is the dean of WSU coaches, having been with the program for 35 years, including the last 14 as head coach of both the men's and women's programs. He has directed 28 WSU athletes to NCAA Outdoor All-America status 49 times and mentored 22 Cougar athletes to NCAA Indoor All-America status 35 times.



World class. Face to face.

At Washington State University you will work face to face with world-class professors. The University has ten colleges and offers over 250 fields of study spanning the liberal arts and sciences, as well as architecture, business, education, nursing, pharmacy, agriculture, engineering, and veterinary medicine.

College of Agricultural,
Human, and Natural
Resource Sciences

College of Business

College of Education

College of Engineering
and Architecture

College of Liberal Arts

College of Nursing

College of Pharmacy

College of Sciences

College of Veterinary Medicine

Graduate School

Honors College



*It's a refrain repeated by
alumni time and again:
WSU professors were their
inspiration and their friends.*

- **Washington State University** offers over 250 fields of study, many of them as majors.
- **Pullman is ranked 63rd** among *The Sporting News'* Best Sports Cities of 2004.
- *U.S. News and World Report* ranks **WSU in the top 50** of the nation's **best public research universities** for 2004.
- The 2003 *Princeton Review* ranks **WSU in the top 50** of America's **most connected campuses**.
- **WSU** is ranked in the **nation's top tier of doctoral/research universities** by the Carnegie Foundation for the Advancement of Teaching.
- **WSU's athletic facilities** are ranked **eighth best in the nation** by campusdirt.com.

A friendly environment

The Pullman campus straddles College Hill in Pullman, a college town of 25,000 located among the rolling hills of the Palouse region of eastern Washington. The University is the largest residential university west of the Mississippi, which enhances the friendly, traditional collegiate atmosphere for which WSU is known.

WSU is located within easy traveling distance of Spokane and Coeur d'Alene to the north. Seattle and Portland are less than 300 miles to the west.

Enter the future with the confidence that comes from real preparation.

As an athlete, you know that if you've practiced hard you feel more confident for a big game. At WSU, the education you receive, together with the programs available and great faculty, provides you with that same confidence for the biggest game of all—your future. The education gives you the skills to be critical thinkers and initiators, important skills in any endeavor you decide upon. Students can immerse themselves in a variety of learning situations, ranging from high levels of interaction with professors to hands-on research projects and community and public service activities. The newest technology, numerous leadership opportunities, and study abroad programs further enrich the WSU college experience.





Dedicated to diversity

Washington State University seeks to enrich every student's educational experience through exposure to different cultures, philosophies, and scholarly perspectives. This atmosphere of interchange and inquiry is fostered through various campus programs, diversity in the curriculum, and comfortable places around campus to meet and talk with students with different backgrounds. All students are encouraged to study abroad for a semester to experience life in another country. But you don't need to leave campus to find opportunities to learn about differences as there are numerous events, films, musicians, and speakers throughout the year that address issues of equity and diversity.

Office of the Vice President for Equity and Diversity

Given the importance of making WSU a welcoming and supportive place for everyone, the Office of the Vice President for Equity and Diversity was established in 2004. This office worked with students, faculty, and staff at all WSU locations to develop a university-wide Strategic Plan for Equity and Diversity. In accordance with this plan, goals have been established and work is underway to increase the diversity and retention rates among students and faculty, improve the campus climate for underrepresented students, infuse diversity into university leadership and management, provide increased educational/scholarship opportunities, and devise better methods of assessment and accountability for diversity progress. More information about the Office of the Vice President for Equity and Diversity and the Strategic Plan can be found by visiting www.diversity.wsu.edu/.



Equity and Diversity Partners

The following units report to the Office of the Vice President for Equity and Diversity and serve as valuable partners with all areas of the university working on these issues.

The Center for Human Rights
www.chr.wsu.edu/

***Gender Identity/Expression and
Sexual Orientation Resource Center***
www.thecenter.wsu.edu/

Women's Resource Center
www.women.wsu.edu/

Talmadge Anderson Heritage House
www.heritagehouse.wsu.edu/

Disability Resource Center
www.drc.wsu.edu/

Multicultural Student Services
www.wsu.edu/multicultural/



WASHINGTON STATE TRADITIONS



THE COUGAR HEAD LOGO

In 1936, student Randall Johnson, class of 1938, designed the original Cougar head logo for Washington State College. It was used on the side of college trucks. In 1959, when the institution changed from college to university, he re-created the logo to incorporate the "U" in place of the "C." In 2002, WSU developed a new graphic identity. It employs the Cougar head within a crest, an internationally recognized symbol for higher education.

THE COUGAR NICKNAME

Washington State University students officially adopted the nickname "Cougars" October 28, 1919, three days after a reference to "cougars" was used in a football game story following WSU's upset 14-0 win at California. In the story, a Bay Area writer said the Pacific Northwest team "played like cougars" in upsetting the Bears.



THE VICTORY BELL

In the late 1800s, the victory bell was mounted on the ground in the center of campus; it rang to start and dismiss classes in those early days. Today, it is located at the Lewis Alumni Centre. A member of the Student Alumni Connection rings it after a WSU football win.



THE COUGAR MASCOT

In 1927, Governor Roland Hartley presented a cougar cub to the students of the University. This first cougar mascot was called Butch, to honor Herbert "Butch" Meeker of Spokane, who was WSU's football star at the time. Butch II was presented to the students by Governor Clarence D. Martin in 1938. Butch III and IV were twin cubs, presented by Governor Arthur B. Langlie in 1942. Governor Langlie presented Butch V in 1955. Butch VI, the last live mascot on campus, died in the summer of 1978. He had been presented to WSU by Governor Albert Rosellini in 1964 from the Seattle Zoo. Today, WSU students in a "Butch the Cougar" mascot costume rally school spirit at athletic contests, including football games and other events.

student recreation center



The student recreation center opened spring of 2001. Its 150,000 square feet contains seven gymnasiums, a four-lane indoor track, 17,000 square feet of fitness training area, five-lane lap pool, leisure spa, three multi-purpose rooms (aerobic/martial arts), four racquetball courts, a wellness center, a juice bar and a fireplace lounge.

SRC AWARDS

- Outstanding Indoor Sports Facility Award, National Intramural Recreation Sports Association, 2002
- Facility Award of Merit, Athletic Business, 2001
- Award of Excellence, Washington Parks and Recreation Association, 2001
- Outstanding Design Award, Illuminating Engineering Society of North America, 2001





FOOTBALL

Martin Stadium – Capacity 35,117



SOCCER

Lower Soccer Field – Capacity 2,000



VOLLEYBALL

Bohler Gym – Capacity 3,000



BASKETBALL

Beasley Coliseum – Capacity 11,671



TRACK & FIELD

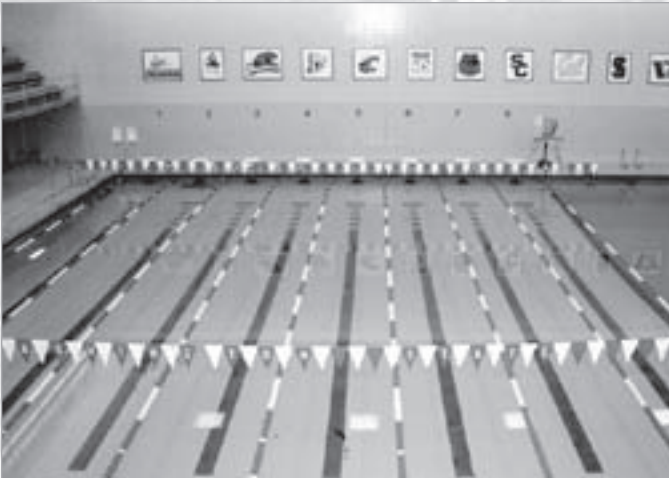
Mooberry Track & Field Complex



TENNIS
Outdoor Tennis Center



BASEBALL
Bailey-Brayton Field – Capacity 3,500



SWIMMING
Gibb Pool



GOLF
WSU Golf Course



**HOLLINGBERY
FIELDHOUSE**



INDOOR PRACTICE FACILITY

ELSON S. FLOYD

PRESIDENT



Elson S. Floyd is Washington State University's 10th president. He took office in the summer of July after serving as president of the four-campus University of Missouri during 2002-2007.

"Affordability, accessibility and accountability" are keystones to his administration leading WSU. He puts high priority on WSU being a research leader and having a global presence. Furthermore, he endorses diversity of thought, opinion, perspective, viewpoints, race and ethnicity as characteristics of a world-class university.

Floyd, 51, served as president of Western Michigan University from 1999 to 2002, and held several administrative positions at the University of North Carolina Chapel Hill, including deanships in student affairs and the College of Arts and Sciences.

Previously, he spent two years as executive director of the state of Washington Higher Education Coordinating Board, the agency responsible for statewide coordination, planning, oversight, policy analysis and student financial aid programs for Washington's post-secondary education system. From 1990 to 1993, he served as vice president for student services, vice president for administration and executive vice president at Eastern Washington University.

He began his career in 1978 at the University of North Carolina at Chapel Hill, where he held deanships in the Division of Student Affairs, the General College and the College of Arts and Sciences. From 1988 to 1990, he was assistant vice president for student services for the UNC system office, where he helped develop and articulate student affairs and academic affairs policy for the 16-campus university system.

A native of Henderson, N.C., Floyd holds a bachelor of arts degree in political science and speech, a master of education degree in adult education, and a doctor of philosophy degree in higher and adult education, all from the University of North Carolina at Chapel Hill.

Floyd and his wife, Carmento Floyd, have two grown children.

ANNE M'COY

SENIOR ASSOCIATE DIRECTOR OF ATHLETICS/

SWA



Veteran intercollegiate athletics administrator Anne McCoy has served Washington State University since 2001, and was promoted from associate director to senior associate director of athletics in 2004. Her appointment to senior woman administrator came in the summer of 2007.

In her capacity as senior associate director of athletics, she is charged with overseeing all aspects of WSU's athletic budget and supervises several areas within the department including the business office, equipment, computer and football operations, and event management and facility operations. She also serves as a liaison for men's and women's basketball.

McCoy serves on several Pacific-10 Conference committees including the Executive Committee

as vice president-elect for the Pac-10 Council, and on the Medical Care, Student-Athlete Advisory and Senior Woman Administrator committees.

A Wisconsin native, McCoy earned a bachelor's degree in sports management in 1989 from the University of Massachusetts. While an undergraduate, she worked for the Pittsburgh Penguins professional hockey organization, expanding the club's season ticket base and maintained existing corporate and individual accounts. McCoy also served an internship as the assistant athletic business manager at the University of Connecticut, and was instrumental in designing and implementing a comprehensive computerized budget-tracking system for the Huskies' athletic department.

McCoy served in several capacities at the University of Maine from 1989-1995, lastly as associate director of athletics and senior woman administrator. At Maine, she supervised men's basketball, men's and women's soccer, men's and women's swimming and softball in addition to the athletic business office, ticket office, retail store and cheerleading staff and operations. She took a similar administrative position at the St. Louis University from 1995-1996.

In 1996, McCoy moved west, joining the staff at Portland State University as associate director of athletics and senior woman administrator. She was promoted to senior associate director of athletics in 1998. At PSU, she managed all internal staff and the daily operations of the department, representing the director of athletics as needed. McCoy also supervised men's and women's golf, cross country/track and field, and women's volleyball, soccer, tennis and softball.

McCoy and her husband Brian have two children, daughter Taylor and son Jake.

JIM STERK

DIRECTOR OF ATHLETICS



Washington native James M. Sterk was appointed Washington State University's director of athletics in June of 2000. In his six years, Sterk has seen unprecedented growth and success by the Cougars' 17 intercollegiate teams and 450 individuals who compete for WSU annually.

On the academic front, WSU earned 113 selections to Pacific-10 Conference All-Academic teams in 2004-05. That figure represented the most student-athletes to earn such an honor during an academic year in school history. WSU nearly reached this standard in 2005-06 with 109 selections to conference all-academic teams.

On the field, Cougar Athletics has enjoyed extraordinary achievements highlighted by three consecutive 10-win seasons by the football program from 2001-03. Most recently, 10 sports were represented either as a team or individually in NCAA postseason competition during the 2005-06

season. Featured in this group was the rowing team's fourth place finish at the NCAA Championships, the highest finish ever by a WSU women's team in NCAA postseason competition.

Facility improvements have also been among projects Sterk has tackled. Following the 2006 football season, the initial phases of a renovation to Martin Stadium, the home of Cougar football, will commence. WSU recently completed a major baseball field renovation, becoming the first collegiate field to feature FieldTurf as a playing surface. In addition, plans are underway for an ambitious capital improvement plan that will enhance many other WSU sport facilities.

A 1980 graduate of Western Washington University, Sterk received his master's degree in sports administration from Ohio University. His professional career has included positions at North Carolina, Maine, Seattle Pacific, Tulane and Portland State, the latter as director of athletics for five years before joining the Cougar staff.

The foundation of Sterk's leadership plan is based on five areas: the student-athlete experience, resource acquisition, personnel, political dynamics, and facilities. All five areas have enjoyed growth in his first six years at Washington State University.

Sterk currently is a member of the prestigious NCAA Championship/Competition cabinet and has served on numerous Pacific-10 Conference committees during his tenure at WSU.

KEN CASAVANT

FACULTY ATHLETICS REPRESENTATIVE



Professor Ken Casavant, a member of the Washington State University family since 1967, currently serves as WSU's Faculty Athletics Representative to the Pacific-10 Conference and the National Collegiate Athletic Association. He is a past president of the Pac-10 and was recently chosen to serve on the NCAA Division I Management Council.

Casavant came to WSU as a graduate research assistant in the Department of Agricultural and Resource Economics. He was named an assistant professor in 1971, an associate professor in 1975 and a full professor in 1980.

In 2004, Casavant received the honor of giving the Distinguished Faculty Address, the University's oldest award and also received the Sahlin Excellence in Public Service award for the University. In 1979, Casavant received the R.M. Wade award for outstanding teacher in the college of agriculture at

WSU, and in 1990, he earned the distinguished WSU Faculty of the Year award. Casavant was elected vice-chair (1991-92) and chair (1992-93) of the WSU Faculty Senate and has been accorded the Distinguished Teacher award by the American Agricultural Economics Association. He was named Distinguished Scholar by the Western Agricultural Economics Association in 2003 for his nationally recognized work as a transportation economist.

During his tenure at WSU, Casavant has served as associate director for the Washington State Transportation Center (1984-87) and the interim Vice-Provost for Academic Affairs and interim Vice-Provost for Research (1998).

The North Dakota native is a 1965 graduate of North Dakota State University, where he earned a bachelor's degree in agricultural economics. He received his master's degree from NDSU, followed by a Ph.D., from WSU in 1971.

Ken and his wife Dorothy have two grown daughters, Michele and Colette.



WSU MEDIA

NEWSPAPERS

THE SPOKESMAN-REVIEW (AM). W. 999 Riverside, Spokane, WA 99210-1615. (509) 459-5500. FAX (509) 744-5655. SE – Joe Palmquist. Columnist – John Blanchette. WSU Beat – Vince Grippi.

DAILY NEWS (PM). 409 S. Jackson, Moscow, ID 83843. (208) 882-5561. FAX (208) 883-8205. SE – Aaron Wasser. WSU Beat – Marcus Potts.

LEWISTON TRIBUNE (AM). 505 'C' Street, Lewiston, ID 83501. (208) 743-9411. FAX (208) 746-1185. SE – Jim Browitt. Writers – Dale Grummert, Josh Wright (all write columns).

THE NEWS TRIBUNE (PM). P.O. Box 11000, Tacoma, WA 98411. (800) 388-8742. FAX (253) 597-8360. SE – Dale Phelps. WSU Beat – Todd Milles.

SEATTLE POST-INTELLIGENCER (AM). 101 Elliott, Seattle, WA 98110. (206) 448-8373. FAX (206) 448-8164. SE – Ron Matthews. Writer – Nick Rouso. Columnist – Art Thiel.

SEATTLE TIMES (AM/PM). P.O. Box 70, Seattle, WA 98111. (206) 464-2275. FAX (206) 464-3255. SE – Cathy Henkel. Columnists – Jerry Brewer, Steve Kelley, Bud Withers. WSU Beat – Craig Smith.

TRI-CITY HERALD (AM). P.O. Box 2608, Tri-Cities, WA 99302. (509) 582-1500. FAX (509) 582-1510. SE – Jeff Morrow. Columnist – Hec Hancock. WSU Beat – Eric Degerman.

DAILY EVERGREEN (AM). Murrow Hall 113, Pullman, WA 99164-2510. (509) 335-4573. FAX (509) 335-7401.

ASSOCIATED PRESS. W. 926 Sprague, P.O. Box 2173, Spokane, WA 99201. (509) 624-1258. FAX (509) 747-7641. Nick Geranios or John Wiley.

TELEVISION

KXLY-TV (ABC, Channel 4). W. 500 Boone, Spokane, WA 99201. (509) 324-4040. FAX (509) 327-3932. SD – Dennis Patchin. Associate SD – Rick Lukens. Reporter – Allison Leap, Keith Osso.

KREM-TV (CBS, Channel 2). S. 4103 Regal, Spokane, WA 99203. (509) 838-7371. FAX (509) 448-6397. SD – Tom Hudson.

KHQ-TV (NBC, Channel 6). P.O. Box 600, Spokane, WA 99210-0600. (509) 448-3241. FAX (509) 448-4644. SD – John Fritz. Reporter – Derek Deis.

KLEW-TV (CBS, Channel 3). 2626 17th Street, Lewiston, ID 83501. (208) 746-2636. FAX (208) 746-4819. SD – Sabrina Beale.

RADIO

KCLX Radio (1450). P.O. Box 8849, Moscow, ID 83843. (208) 882-2551. FAX (208) 883-3571. Sports – Steve Grubbs.

KXLY Radio (920). W. 500 Boone, Spokane, WA 99201. (509) 329-4306. Sports – Bud Nameck.

KQQQ/KHTR (1150/104.3). 1101 Old Wawawai Road, Pullman, WA 99163. (509) 332-6551. News – Evan Ellis.

Cougar Broadcast Team. Bob Robertson - 253-564-2473 (H), Jim Walden - 208-689-9168 (H), Bud Nameck - 509-329-5040, 994-7788 (H).

ADMINISTRATIVE STAFF (509-335-0311)

Bohler Athletic Complex 110, Pullman, WA 99164-1602

Jim Sterk, Director of Athletics
Ken Casavant, Faculty Athletics Representative
Anne McCoy, Senior Associate Director of Athletics/SWA
Pam Bradetich, Senior Associate Director of Athletics
John Johnson, Senior Associate Director of Athletics
Chris Cook, Associate Director of Athletics (Academic Support Services)
Pete Isakson, Associate Director of Athletics (External Operations)
Leslie Johnson, Associate Director of Athletics (Business Operations)
Steve Robertello, Associate Director of Athletics (Compliance)
John David Wicker, Associate Director of Athletics (Event and Facility Operations)
Bill Drake, Assistant Director of Athletics (Athletic Training Services)
Rob Oviatt, Assistant Director of Athletics (Physical Development)
Casey Fox, Director of Marketing
Ernie Housel, Special Assistant to the Senior Associate Director of Athletics
Dan Meyer, Director of Ticket Sales and Operations
Kurt Mueller, Manager of Information Services
Milton Neal, Director of Equipment Operations
Pippa Pierce, Director of Career and Personal Development
Scott Vik, Director of Sports Video

MEDIA RELATIONS (509-335-COUG)

Bohler Athletic Complex 195, Pullman, WA 99164-1602

Bill Stevens, Director (C/916-761-7005)
Linda Chalich, Assistant Director (C/432-3263)
Craig Lawson, Assistant Director (C/432-9063)
Jessica Schmick, Assistant Director (C/509-781-0550)
Joe Nickell, Assistant Director (C/509-361-4338)
Erica Beck, Intern
Cory Rice, Student Assistant
Jaime Schroeder, Student Assistant
Kyle Vetter, Student Assistant
Elizabeth Wiley, Student Assistant

BASEBALL (509-335-0310)

Bohler Athletic Complex M40, Pullman, WA 99164-1602

Don Marbut, Head Coach
Travis Jewett, Assistant Coach
Gregg Swenson, Assistant Coach

MEN'S BASKETBALL (509-335-0240)

Bohler Athletic Complex M42, Pullman, WA 99164-1602

Tony Bennett, Head Coach
Ben Johnson, Assistant Coach
Ron Sanchez, Assistant Coach
Matt Woodley, Assistant Coach
Mike Heideman, Director of Player Development/Operations
Ronnie Wideman, Operations Coordinator

WOMEN'S BASKETBALL (509-335-0276)

Bohler Athletic Complex 220, Pullman, WA 99164-1602

June Daugherty, Head Coach
Mike Daugherty, Associate Head Coach
Mo Hines, Assistant Coach
Brian Holsinger, Assistant Coach
Kate Werner, Coordinator of Basketball Operations

FOOTBALL (509-335-0250)

Bohler Athletic Complex 102, Pullman, WA 99164-1602

Bill Doba, Head Coach
Steve Broussard, Running Backs
Leon Burnett, Safeties
David Walkosky, Cornerbacks
Mike Levenseller, Wide Receivers/Offensive Coordinator
Marty Long, Defensive Line
Greg Peterson, Tight Ends/Recruiting Coordinator
Timm Rosenbach, Quarterbacks
Mike Walker, Defensive Tackles
George Yarno, Offensive Line
Shawn Deeds, Coordinator of Football Operations
Mike Anderson, Graduate Assistant
Pete Sterbick, Graduate Assistant
Kevin C. Night Pipe, Football Video Coordinator

M/W GOLF (509-335-0224)

Bohler Athletic Complex M37, Pullman, WA 99164-1602

Walt Williams, Head Coach
Kari Sampson, Assistant Coach
Barry Niemann, Assistant Coach

ROWING (509-335-0309)

Bohler Athletic Complex M25, Pullman, WA 99164-1602

Jane LaRiviere, Head Coach
Tara Medina, Assistant Coach
Christina Meyer, Assistant Coach/Novice
Paul Hawksworth, Graduate Assistant

SOCCKER (509-335-0306)

Bohler Athletic Complex M10, Pullman, WA 99164-1602

Matt Potter, Head Coach
Lindsey Jorgensen, Assistant Coach
Erin Otagaki, Assistant Coach

SWIMMING (509-335-0273)

PEB 111, Pullman, WA 99174-1602

Erica Quam, Head Coach
Suzanne Yee, Assistant Coach

TENNIS (509-335-0308)

Bohler Athletic Complex M40, Pullman, WA 99164-1602

Lisa Hart, Head Coach
Courtney Steinbock, Assistant Coach

M/W TRACK/CC (509-335-0248)

Bohler Athletic Complex M10, Pullman, WA 99164-1602

Rick Sloan, Head Coach
Debra Farwell, Associate Head Coach
Jason Drake, Assistant Coach, Head CC
Mark Macdonald, Assistant Coach
Matt McGee, Assistant Coach
Ellannee Richardson, Assistant Coach

VOLLEYBALL (509-335-0277)

Bohler Athletic Complex 230, Pullman, WA 99164-1602

Brian Heffernan, Head Coach
Ken Ko, Associate Head Coach
Gretchen Killebrew, Assistant Coach
Mark Killebrew, Operations Coordinator

ATHLETIC DEPARTMENT

MISSION STATEMENT

It is the mission of the Athletic Department to create and foster an environment which provides opportunities for all student-athletes to enrich their collegiate experience through participation on athletic teams which are competitive at the conference and national level. In concert with the mission and values of Washington State University, the department is dedicated to providing opportunities, which will enhance the intellectual, physical, social, moral and cultural development of the whole person, while conducting all activities with honesty and integrity in accordance with the principles of good sportsmanship and ethical conduct. The Athletic Department values gender and ethnic diversity and is committed to providing equitable opportunities for all students and staff. The department will pursue its mission while upholding the values, purposes and policies of Washington State University, the Pacific-10 Conference, and the National Collegiate Athletic Association.

WASHINGTON STATE

Student-Athlete Development

www.athletics.wsu.edu/arc

STUDENT-ATHLETE DEVELOPMENT

Our Student-Athlete Development unit initiates support for academic and personal success during on-campus recruiting visits with prospective student-athletes, and continues providing support and services until student-athletes graduate from WSU. Our student-athlete development staff is committed to developing and implementing comprehensive and effective programs to assist student-athletes in identifying and meeting their academic and career goals leading to graduation and career development. We take a "life skills" approach when assisting student-athletes with class selection, major selection, graduation planning, career development, time management, goal setting, study skills, and learning strategies.

Our focus is the student-athlete and her personal development. We reinforce the value of maximizing the educational and career opportunities at WSU. And, most importantly, our staff emphasizes the importance of student-athletes taking personal responsibility and ownership in developing their academic and career plans. Our 92 percent graduation rate for those seniors who have exhausted their eligibility (over the past 10 years) reflects our consistent commitment to academic success while striking a balance between academics and athletics.



Danny Gourley

Academic Resource Center Coordinator

Danny Gourley, Academic Resource Center Coordinator, joined the Cougars family in 2005.

Danny's task is to supervise and maintain the ARC and provide academic support to the WSU Tennis and Swim teams. Danny always enjoys working with student-athletes to improve academic performance, establish educational goals, practice time management techniques, select career paths, and develop the skills necessary for success in life.

Danny's experience in academics began in 1997, and all but two and a half years of his academic counseling have been in athletics. Starting as a tutor for student-athletes at Middle Tennessee State University, Danny progressed to Learning Specialist from 1999-2002. After two and a half years of career development serving soldiers as an intern in the Army Continuing Education System, Danny has returned to athletics.

Danny graduated from Middle Tennessee State University in 1999 with a Bachelors of Arts in English. He completed his Masters in Education with an emphasis in administration of higher education at MTSU in 2002.

At home, Danny values spending time with his wife, Sarah, and young daughter, Cirel. Danny and his wife are avid video game players and enjoy hiking and backyard sports. Danny is also a fan of all-you-can-eat buffets.

UNIVERSITY



STUDENT-ATHLETE DEVELOPMENT STAFF

Back row from left: Pippa Pierce and Thad Hathaway.
Middle row from left: Anna Plemons, Wanda Tennant, and Cynthia Prieto.
Front row from left: Andy Dephtereos, Allen Thompson, Chris Cook, and Danny Gourley.



ACADEMIC SUPPORT SERVICES

- New Student-Athlete Orientation
- General Academic Counseling
- Learning Assessment
- Individual And Group Tutoring
- Assistance With Team Travel
- Writing And Math Assistance
- Graduation Planning
- Computer Lab with internet and library access
- Priority Registration
- Summer School And Degree Completion Financial Aid Programs

CAREER DEVELOPMENT

- Junior and Senior Planning Meetings
- Etiquette Dinner
- Access To SIGI Website For Career Exploration
- Career Fairs and Workshops
- Interview Skills And Workshops
- Job Search Strategies
- Professional Development Portfolio
- Senior Folder
- Alumni Connections
- Resume Development

PERSONAL DEVELOPMENT

- New Student-Athlete Seminar
- Community Outreach – Team CARE
- P.R.O.W.L. Resource And Referral Center
- NCAA Lifeskills Materials And Resources
- Career Resources



WSU's P.R.O.W.L. Resource Center

WASHINGTON STATE

the Weight Room



Cori Metzgar-Deacon

Assistant Strength and Conditioning Coach

Cori Metzgar-Deacon (M.A., C.S.C.S, CSCCa) enters her second season as assistant strength and conditioning coach at Washington State University, overseeing the strength and conditioning programs for women's soccer, women's swimming, rowing, women's tennis and cross country, and assisting with football.

Metzgar-Deacon came to the Palouse from Colorado State University after serving as the head assistant strength and conditioning coach for the Rams from 2001-2006. During her tenure at Colorado State, Metzgar-Deacon was directly responsible for planning, creating and implementing programs for the women's volleyball, softball, women's swimming/diving, women's and men's track/cross-country and women's tennis teams. She also assisted the director of strength and conditioning with football.

A 1998 graduate of Fort Lewis College, Metzgar-Deacon earned her bachelor's degree in exercise science while a member of the women's soccer and downhill ski racing teams. She received her master's degree in physical education from Western Michigan in 2000 where she served as a graduate assistant strength and conditioning coach. After earning her graduate degree, Metzgar-Deacon spent a year as an intern strength and conditioning coach at Ohio State, assisting and supervising the training for 10 sports including baseball, women's volleyball, women's swimming and men's and women's gymnastics.

Metzgar-Deacon married Brady Deacon in May, 2007.

UNIVERSITY



With two floors covering 14,000 square feet and featuring state-of-the-art equipment, WSU's weight room is considered one of the top facilities in the nation.



Yasushi Nomura

Athletic Trainer

Yasushi “Yas” Nomura enters his eighth season as a member of the athletic training staff at Washington State University. His primary responsibilities include working as the head athletic trainer for Cougar women’s swimming and women’s soccer. He also assists with WSU football.

Prior to WSU, Nomura served two years as the head athletic trainer and sports medicine instructor at Independence Community College in Independence, Kan.

A native of Kyoto, Japan, Nomura earned his bachelor’s degree in physical education with an emphasis in athletic training from California State University, Chico in 1995. He earned his master’s degree at Oregon and worked with football and women’s soccer for the Ducks as a graduate assistant.

Nomura is a certified athletic trainer and a certified examiner by the National Athletic Training Association.



Craig Middlebrook
Athletic Training Intern

- Eight certified athletic trainers.
- More than 30 student assistants majoring in athletic training.
- Three sports medicine team physicians.

Prevention of athletic injuries is the number one goal of WSU's staff, along with care and rehabilitation. When injuries do occur, the Cougar athletic medicine staff provide the very best in care and use state-of-the-art equipment to return the student-athlete to 100 percent recovery.



Freshmen (top left)

Erika Roach, Talor Whitaker, Sierra Burton, Jennifer Dean (not pictured, Rugile Mileisyte)

Sophomores (middle left)

Below – Keara Sheahan, upper left – Shawna Keller, upper right – Michaela Ahlin

Juniors (bottom left)

(left to right) Maya Dill, Elyse Peterson, Afton Pickett, Brett Bogachus, Kristin Marceau (not pictured Jamie MacLeod)

Seniors (above)

(left to right) Danielle Berish, Bryn Mooney, Kenzie Reiter, Lina Daugvilaite



2007–2008 WSU Women's Swimming Roster



Michaela Ahlin



Danielle Berish



Brett Bogachus



Sierra Burton



Lina Daugvilaite



Jennifer Dean



Maya Dill



Shawna Keller



Jamie MacLeod



Kristin Marceau



Rugile Mileisyte



Bryn Mooney



Elyse Peterson



Afton Pickett



Kenzie Reiter



Erika Roach



Keara Sheahan



Talor Whitaker

WASHINGTON STATE



COUGAR SWIMMING

2007-2008